IMPORTANT ELECTION NOTICE
See page 21 for important information regarding the election of delegates to the 37th Annual International Union of Operating Engineers (IUOE) Convention.

SEMI-ANNUAL MEETING
SUNDAY, SEPTEMBER 16, 2007
9 A.M. REGISTRATION • 1 P.M. MEETING
SOLANO COUNTY FAIRGROUNDS
VALLEJO, CALIFORNIA
Local 3 takes on emissions regulations

I have an update this month on the emissions regulations I discussed in a column earlier in the year. If you will recall, this issue involves the California Air Resources Board (CARB)'s decision to regulate the emissions of heavy equipment.

Between a shakeup at the air board and a face-to-face meeting with the governor, a lot has happened since my last report. Most significantly, Local 3 and Operating Engineers Local 12 in Southern California had a meeting in June with Gov. Arnold Schwarzenegger, his staff and several of California’s largest signatory contractors to discuss our concerns with the issue. These concerns include:

- The affect of the regulations on construction jobs
- The regulations’ added costs to projects funded by the mega-bonds, resulting in fewer projects completed
- The availability and safety of the emission units required by the regulations
- The ability of heavy-equipment manufacturers to comply with the regulations

Everyone at the table was in agreement that we all want what’s best for the environment – the governor wants cleaner air, and so does the construction industry. Now our challenge is to figure out how we move forward in a way that is acceptable for all the parties involved. We agreed to work together toward this goal, and the meeting ended with an agreement that the governor’s staff would assist us in working with CARB on a resolution. Once we hear from them, I’ll report back with the details.

CARB in the news

Many of you have probably seen the news headlines regarding the shakeup at the California Air Resources Board (CARB), with Gov. Schwarzenegger’s firing of the board’s chairman and another board member’s resignation. At the time of this writing, it looks as though the shakeup at CARB may end up working against us. The ex-air board members and a handful of others seem dedicated to attacking our industry and our position on the emissions regulations. We are responding to these attacks with our own messages (listed at left) and continuing to work with the governor’s office for an extension on the effective date of the regulations. Our primary goal is to minimize the impact on our employers, training centers and membership, while still supporting a cleaner environment.

As always, when we know more – you will know more. Stay tuned to Engineers News for further updates.

Bylaws Committee

Besides CARB, another issue keeping the officers, staff and I busy this summer is the Bylaws Committee’s language changes. These changes include both substantial (i.e., establishing the Bylaws Committee as a standing committee) and un-substantial “housekeeping” changes (i.e., removing all references to Local 3’s former jurisdiction of Wyoming and South Dakota).

The committee met with the officers in June to finalize the language changes and submit the changes to the International for review and approval. In the next few weeks, we will be asking for your support of these changes by collecting signatures and tallying a vote at the Sept. 16 Semi-Annual Meeting. Members will also have the opportunity to review the committee’s recommendations at their regular district and special-called meetings in October.

I hope to see you all at these upcoming meetings.

Record-high member participation

Speaking of meeting attendance, it gives me great pleasure to report on the record level of participation we’ve seen this year at our district meetings and picnics. The officers and I want to thank all of you, brothers and sisters, for your continued support of Local 3. It is an honor for us to be serving and representing such an involved membership. We look forward to more record-high member participation at the Sept. 16 Semi-Annual Meeting at the Solano County Fairgrounds in Vallejo. Please take a look at the center section in this month’s issue of Engineers News to see all of the new activities we have planned for you and your families at this event.

In closing, I have one final thank you I want to express to all the members, active and retired, who have shown such incredible support to this administration. Since taking office nearly a year ago, I’ve received so many of your letters, e-mails and phone calls – it’s nothing short of amazing. I can’t thank you enough for these personal words of encouragement and support. So, again – thanks, and be safe.
Talking Points
By Fred Herschbach, president

Labor Day: How it all began

If you’re one of the lucky ones who won’t be working on Labor Day, you might want to say a little thank you to Samuel Gompers. He’s the one responsible for this annual day of rest.

Gompers was born in London in 1850 and moved to the U.S. when he was 13 years old. A year later he became the first registered member of the Cigar Makers International Union, which he made one of the most successful trade unions.

He spent his entire life working for legislation for the laborers in this country and was elected 37 times as president of the American Federation of Labor, which he helped organize in 1881. He was largely responsible for the legislation that created the Department of Labor as a separate department of the federal government, and during World War I, he used his influence to prevent strikes.

Labor laws that Gompers framed, supported or originated include the eight-hour law for government employees, various state laws fixing hours of labor and the law establishing Labor Day as the workers’ holiday.

In 1882, a militant labor group known as the Knights of Labor decided to call the first Monday of September “Labor Day.” Working people throughout the country then asked for state laws to make Labor Day a legal holiday. Thanks to Gompers’s reasonable and rational approach, state legislatures began to enact such a law, with Oregon being the first in 1887.

Now it’s a legal holiday throughout the nation. Thanks, Sam. We needed that!

Submitted by Paul F. Menefee, 57-year Local 3 member

* * *

Brother Menefee, thank you for our history lesson. As a union, we need to remind ourselves what we are about, where we have come from and where we need to be. We are about wages, working conditions and fringe benefits for our families. We are about looking ahead to future generations of Operating Engineers. What we do at the negotiating table affects all of us now and in the future.

We need to remind ourselves how Local 3 evolved into what we are today. We also need to remember the struggles and foresight of the members when they started this organization.

This administration has not lost the vision of our forefathers and what it’s going to take to keep what we have – strong agreements. The Local 3 pension, Credit Union and health and welfare plans all reflect this vision. The officers are in various stages of negotiations with all different kinds of contracts, and none take it lightly – how and why we got to this point with contractors.

For myself, I am in the middle of negotiating the Hawaii Master Agreement. Trustee and Hawaii District Rep. Kalani Mahoe, the staff, our Research Department, the committee and one member representative from each District 17 island are all doing an exceptional job with the input they give. But more important than any of these contributors is the membership. The membership is committed and determined, and that makes our position as negotiators much stronger. Just like Samuel Gompers and our labor leaders of the past proved, the membership makes us strong.

Have a great and safe Labor Day, and take a moment to thank past labor leaders for what we have today.

Loco Logo winner: Dennis Kaailhue

The results are in from our Loco Logo contest, calling for the best designed OE3 logo from the membership. The Operating Engineers steam gauge has been reprinted, painted and tattooed countless times, but we wanted to see what you had to offer.

Member Dennis Kaailhue from District 17 designed this logo 20 years ago in Eugene, Ore., since the one on his jacket was worn out from wear. He is our Loco Logo contest winner. Congratulations, Dennis.
Voice of the Engineer (VOTE)  The man behind the name

By Heidi Mills, managing editor

There's some interesting history behind the new name of Local 3's political program, Voice of the Engineer (VOTE), formerly the Operating Engineers Community Action Team (OE CAT). Retiree Ken Green knows it better than anyone.

He's the one who came up with the name more than 30 years ago.

At the time of the 1972 officer election between Al Clem and Dale Marr, Green was the district representative in Redding, and his friends John Hinote and Willie Houghtby were active members in the field. The three men decided one night at a Grievance Committee meeting that they were going to do something about the need to draw the membership together and involve them in the election process. Putting a name to their efforts, they came up with “VOTE: Voice of the Engineers,” and the rest is history.

In the years following that election, VOTE became something much more than a catchy slogan for a union election. Local 3 used the name to build political power and influence in the communities across its jurisdiction. Oddly enough, the reason VOTE became so well known was because of Ken Green's barbecue grill.

It all started in 1971, because Green and his district crew wanted to make their picnic stand out from all the other district picnics. They didn't want to do what was already being done – a crab feed, chicken fry or steak dinner – so they chose a rotisserie barbecue. Green drew the blueprints in the dust of his barn and built the grill out of scrap iron and donated materials. Its construction took nearly eight months, but he says it wasn't long before word got out about the barbecue that could turn two whole racks of beef, side-by-side.

Green, Hinote and Houghtby were soon traveling across Northern California and Reno to Local 3 picnics and other Operating Engineers' picnics. At a picnic for Local 426 in Phoenix, Ariz., Green said they barbecued a buffalo on the grill, and as memory serves, it was “a real crowd-pleaser.”

By 1977, his work crew had grown to about 100 brothers – district representatives, dispatchers and agents. They were invited to picnics for the Carpenters and Laborers, Future Farmers of America (FFA), 4-H clubs, churches and many other community organizations. The crowds (and the barbecue itself) grew in size to where it could feed 1,000, and at that point, important dignitaries began to notice. Senators, assembly members, even the speaker of the House started calling Local 3, asking about catering services for their fund-raisers and appreciation parties.

In 1978, the crew catered the Building Trades Fundraiser in Stockton, where they fed 1,750 in 40 minutes. This was a fine-tuned operation.

Although he won't take full credit, Green and his VOTE-branded barbecue helped establish many of the strong political ties Local 3 enjoys today with other trades and legislative establishments. Like the barbecue, he admits he played a part in the story but is quick to give credit to the others involved from the beginning, like John Hinote and Willie Houghtby and those who became involved along the way – Jerry White, Lee Ellison and Ken's son, Stan Green, who currently serves as District 70's Executive Board member.

Local 3's history is rich thanks to these men, many of whom are still actively involved in the union. We are indebted to them for their service and dedication, their world-class barbecue and most of all, for the tradition of political activism being continued today by the membership involved in the VOTE Program.

Name: Ken Green
Age: 72 years young, or 3 score and 12
Home: Cottonwood, Calif.
Years in Local 3: 49 this month; “My son will get his 30 years when I get my 50 years in August of 2008.”

Current positions held with Local 3: Retiree, elected member of the Bylaws Committee for Redding District 70, committee-elected secretary of the Bylaws Committee and Retiree Association Chairman.

Previous positions held with Local 3: Started on the payroll in 1966 as an organizer out of Fresno, transferred to the Modesto office in 1969 as assistant district representative and then to the Redding office as district representative in 1970 – a position he held until September 1982. He also served as a Trustee from 1972 until 1982.

Job classifications: “I started out as a gradechecker and learned to run all the dirt equipment in the 60s. I worked in supervision most of my career until retirement in 1991.”

Words to live by: “My father always told me: If you can’t have fun at your job, you quit that job.”
Rancho Murieta Training Center
for apprentice to journey-level operators
By John Teller, director of training and Tammy Castillo, director of apprenticeship

RMTC search and rescue focuses on cooperation

Urban search and rescue professionals from across the country traveled to the Rancho Murieta Training Center (RMTC) to participate in a search and rescue training event May 21-23, which culminated in the removal of a dummy from a collapsed car covered in structural debris. Operating Engineers aided the rescue teams with the use of a Manitowoc crane and the OE3-created Support System for Urban Recovery Deployments (SWORD) – a lift-able four-person basket designed to support and protect workers in adverse environments.

Probationary Orientation Period (POP) crane apprentices practiced their skills as they followed the direction of the training rescuer teams to lift heavy pieces of debris from a collapsed car.

According to RMTC Heavy Duty Repair (HDR) Supervisor/Technical Support Coordinator Dave DeWilde: “The focus of the training is not just search and rescue but the cooperation between operators and firefighters; it’s like a game of pick-up-stix.”

Apprenticeship Spotlight: Utah District 12

Local 3 member Casey Weber recently completed the Apprenticeship Program as a Heavy-Duty Repairman (HDR). In a short period of time, he has worked on a variety of different projects. Just out of high school, Casey worked for Sheehan on the Kern River pipeline project as an oiler/swamper. From there, he worked as a miner and locomotive operator for Obayashi/Clyde JV at Diamond Fork Canyon. He soon decided to hang up his operating hat and move into the HDR field. After all, he had plenty of support at home from his brother, Torrey, and his stepfather, Jimmy Giles – both in the trade and longtime Local 3 members.

As an HDR apprentice, Casey found himself employed with several companies: Shurtleff & Andrews, Case Foundations at the Mona Power Plant, Granite Construction, Obayashi/Clyde JV at the Big Sandwash Reservoir and his current employer, W.W. Clyde at the Springville, Utah shop.

We would like to commend him on his efforts, work ethic and also congratulate him on his journey-level advancement.

He and his wife, Stacie, and their 13-month-old son, Gabe, currently reside in Nephi, Utah. The couple is expecting a new addition to their family at any time with the arrival of a baby girl. Congratulations, and good luck to Casey Weber on all his future endeavors.

Attention CCO Crane Operators: To be in compliance with Cal/OSHA’s certification requirement on all mobile and tower cranes in California, you must carry your CCO card with you at all times. Also be sure to complete your pre-operational inspection sheets on a daily basis.

CCO Practical Test

New CCO candidates and candidates who have passed the written portion of the CCO exam should contact Pauline McCullough at (916) 354-2029, ext. 225, to schedule an appointment or obtain CCO information on the Practical Test.

2007 CCO Written Exams

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Dear Editor,

My wife and I were at the recent Rancho Murieta Retiree Picnic, when my wife became seriously ill and had to be rushed to the hospital. Larry Aparicio and crew went to work, calling the ambulance, providing a wheelchair and rushing her to the ambulance. With their quick action and patience trying to take care of her and keeping me calm, everything turned out OK. If there ever were angels, Larry and his crew were ones. Thanks again.

Garrey Moser
Reg# 1372950

P.S. The only thing that went wrong was we left two fine plates full of beef, chicken, beans and bread. Plus one cold beer. Hope to make it up next year and finish what we started.

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Letters to the Editor

Please note: Letters to the Editor is a section for your comments and questions about information featured in Engineers News. Any concerns regarding issues not related to Engineers News should be addressed at your local district meetings.

Letters to the Editor should be 200 or fewer words and are subject to editing. The use of offensive language and unsubstated, personal accusations will not be permitted. Letters must include your name and registration number.

To submit a letter by mail:
Letters to the Editor
Operating Engineers Local 3
3920 Lennane Drive
Sacramento, CA 95834
By fax: (916) 419-3487
By e-mail: newsletters@oe3.org

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Tech News

INSPECTION OF SCIENTIFIC PROGRESSION
By Abraham Fontanilla, business representative

Approaching the construction site of the new California Academy of Science, you can easily see the tower crane in the distance. The crane hovers over the building that will soon be home to a rainforest habitat, planetarium, aquarium (coral reef included), alligator pit and a natural history museum – all components used to educate, explore and explain the marvels of natural earth and the surrounding universe.

Local 3 member Marc Chapin is one of many Operating Engineers involved in making this project a safe and functional structure. He is a special inspector who oversees all structural aspects of this behemoth of wonders. The New California Academy of Science building is located at Golden Gate Park in San Francisco.

While Marc and I toured the site, it was apparent through our conversation that he was a practical, sincere Operating Engineer who takes great pride in his work. As he pointed out the structural highlights only an expert would appreciate, he seemed fascinated with the workmanship and design, even though he has examined the building many times.

Marc has worked in construction the majority of his life, working as a Carpenter, Pile Driver and Welder. He has been an inspector for more than seven years and carries several certifications from the International Code Counsel. Marc is employed by Smith Emery, based out of San Francisco, one of the well-known testing laboratories in the area. He has been with this particular project since the very beginning, when the underground parking structure was first being constructed in November 2005.

Besides the brilliance of engineering within the building, I was amazed with the roof plan. During my visit, we made it to the top of this edifice where soil was being conveyed and placed from the ground level. The roof is designed to be a “living roof,” pleasing to the eye, as the entire 197,000 square-foot area will serve as a functional habitat for 1.7 million plants and a variety of wildlife. Every cubic inch of this project is designed and engineered to promote science.

The building will house lectures, classes and performances – all supporting the research and development of science. If you are fascinated with science or you take pleasure in learning and discovering new things that may shape our future, then you should visit the new California Academy of Science.

A special thanks to all the inspectors who have diligently monitored the erection of this masterpiece, including Ted Ilo of Smith Emery and our tower crane operators who are instrumental in the construction of this project. The California Academy of Science is scheduled for completion in late 2008.

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Crews work to place soil on the roof of the California Academy of Science.
Credit Union
By Rob Wise,
Credit Union secretary/financial officer & recording - corresponding secretary

Should you worry about identity theft?

Yes. A recent story in the news indicated that identity theft has become today's most common financial crime. Con artists have become more brazen and creative in their efforts to steal someone else's identity.

How does identity theft happen?

Credit thieves usually have one of two goals in mind – either they want to use a credit-card number to buy merchandise (or get cash advances) or they try to build a complete new “borrowing identity” to run up bills in several ways.

How to protect yourself

You should guard the two pieces of information that credit thieves are most interested in – credit-card numbers and Social Security numbers. With your credit-card number, a thief can charge items to your account, and with your Social Security number, they can start to build a “new” you and run up large bills.

1. Carry as few credit cards as possible, and keep them secure. You should also be cautious with credit-card receipts and anything with your account number on it. After using your credit card, be sure to take your copy. At restaurants, you may want to stay at your table until the waitress takes your signed copy.
2. Immediately sign new credit cards when you receive them.
3. Immediately review each month's credit-card statement. If there are transactions that appear odd or you don’t recall making, immediately contact the issuing company. A call to the credit-card company will often clear up any unknown items.
4. If there has been unauthorized use of your card, immediately notify the credit-card company over the phone and in writing. You will reduce or eliminate your liability by making the call and writing the letter.
5. Keep your Personal Identification Number (PIN) secure. Don’t give your PIN over the phone for any reason, and dispose of ATM receipts properly.
6. Guard your Social Security number. Never have it printed on your checks, and avoid carrying your Social Security card.
7. Review your credit record annually. The three major credit agencies will provide a copy of your report for a minimal fee. An annual review should help disclose any unauthorized accounts, and you will be able to see what lenders see when you apply for credit. Here are the phone numbers for the agencies:
   - Experian (888) 397-3742
   - Equifax (800) 685-1111
   - TransUnion (800) 888-4213

There are no guarantees that criminals will not try to use your identity. As is the case for many risks we must take, using common sense and being cautious will reduce the chances of the criminals’ success.

Operating Engineers Federal Credit Union (OEFCU) takes great pride in its commitment to the safety and security of members' confidential data. We fully understand the importance of keeping your information secure and will continue to keep this a top priority.

Whether It’s Your First Home, A Second Home Or You’re Refinancing, OEFCU Can Help!

We can help you, just like we helped Robin and Tony, find the right loan, at the right rate. We took the time to present the options AND saved them a bundle on hidden fees and broker commissions they’d normally get stuck with.

The difference? Unlike banks and mortgage lenders, we’re a not-for-profit credit union. We’re here for our union members and their immediate families and we take the time to walk our members thru the process and answer all of their questions. We’re here to provide choices, not “sell” you a home loan. Big difference, plus ...

• Union Members and Families Pay No Application Fees
• Union Members and Families Get Same Day Pre-Qualification
• Union Members and Families Can Be Pre-Approved in 48 Hrs.

Can we help you? You bet we can, and save you time and money in the process! It just takes a phone call and a few minutes of your time ... Give us a call 877 516-8657
Toll FREE Monday thru Friday 7am-7pm Saturday 7am-11am PDT

August 2007 7
Operating Engineers weren’t the only Local 3 members unexpectedly at work earlier this year on the I-580 MacArthur Maze in Oakland. A team of Local 3 surveyors with Andrøgg Geomatics was also summoned to the job on short notice.

When the call came in, Andrøgg had crews working on five different bridge projects for C.C. Meyers. From a project in Reno, the company sent Local 3 surveyors Jonathan DePuy and Daren Hatch to the collapsed span in Oakland to assist members Neil Dickey, Tom Holmberg and John Stanowics from its Auburn office.

Office surveyor Mike Farrauto assisted from ofsite. The crew surveyed what was left of the existing bridge and computed the lengths the new girders would have to be made to fit. They also laid out for the bent-cap girder C.C. Meyers made out of concrete, so crews could accurately position it on top of the existing columns.

When the steel girders arrived, they had to fit in between the bent caps. There were 12 girders in varying lengths, because the location of the repair was where the bridge curved. Andrøgg did the field survey from noon to midnight May 8, and then continued in the office until 5 a.m. to deliver the results to the girder manufacturer due at 6 a.m. May 9.

A combination of good, old-fashioned teamwork and the assistance of some high-tech equipment got the job done. For the measurements, Andrøgg used a Trimble S6 total station and performed a high-definition scan using a Leica HDS 3000 as a backup and verification of the data. A Leica NA 2002 digital level was also used for some vertical measurements.

Districts offer New Member Orientation preview

Rohnert Park District 10 gave the first OE3 101 preview June 13 at 6:30 p.m. at the hall. Designed as an introductory overview of the many benefits and aspects of Local 3, OE3 101 touches on everything about membership, such as dues, health plans and Trust Fund benefits. New members and their spouses viewed a Power Point presentation and then asked questions. According to Dispatcher Gordon Lunde, members responded favorably to the format and felt better informed about Local 3.

Members were also introduced to the Political Action Committee (PAC) and the Grievance Committee Members and learned about the democratic aspects of Local 3. Lunde explained that the democratic process is yet another Local 3 benefit, as any member can run for certain elected committees and play an active role in the direction of Local 3.

Don’t be left out! Your Local 3 officers encourage you to attend your district’s OE3 101 to learn more about Local 3 benefits. Unless otherwise listed, meetings are held at the district hall. If you plan to attend or your district is not listed, call your district office for more details. Some scheduling is yet to be determined.

Local 3 staffer presents labor research at China World Network Conference

Since this month coincides with the one-year countdown to the Summer 2008 Olympic Games in Beijing, Engineers News thought it was an appropriate time to share the Chinese labor research being done by Local 3 Communications Director Charlie Costello. Costello recently presented his research at the China World Network Conference, held at Collingwood College at the University of Durham in Durham, England. He was the last presenter at the conference in the session titled, “Regional and Domestic Governance of Chinese Business.” Costello’s paper, The Irony of the Cranes: Labor Issues in the Construction Industry in the New China, is now part of the University of Copenhagen’s working-papers archive for scholars’ research. The following abstract offers a brief overview of his work:

The Irony of the Cranes: Labor Issues in the Construction Industry in the New China

The crane has been an ancient symbol of longevity in China carrying with it intimation of distinctive principles of ancient China; harmony, patience and graceful coexistence with nature. It is ironic that the construction crane is the new symbol of a changing land, where old hutong neighborhoods are disappearing as fast as the bird and its habitat. Is this new crane helping to create a harmonious society, as the Hu-Wen administration would have you believe? The economic boom fueled in large part by the 2008 Beijing Olympic Games brings with it many new construction jobs, labor issues and in some cases new forms of corruption. Does this development reinforce solidarity and good working conditions in a country where unions are largely controlled by the government? Or do business networks, guanxi, continue to dominate business relationships and hamper the achievement of good working conditions? These questions will be examined, including issues such as corruption, safety and working conditions. Comparisons to labor issues in the United States will be included.
A good life, thanks to Local 3

You might have seen him on a golf course (two times a week) or on the bocce courts (once a week) or possibly at the River Rock Casino (only on occasion) – that would be 23-year retiree and 57-year member C. Burt Cunningham.

We sat down with Burt and his wife, Judy, in Napa the other day and chatted for a couple of hours.

Born in Denver, Colo., and raised in Cripple Creek, Burt left with his step-dad when work in the Cripple Creek gold mines slowed. They ended up in Ely, where work in the copper mine was plentiful for his step-dad.

As a young teenager, he hooked up with Isabel Construction and drove truck (transport).

“I told the hiring superintendent I knew how to drive ... but I had to get one of their experienced men to show me how to start the thing at first,” he said, explaining this is a common experience for many old timers: on-the-job training and a little luck.

After a number of years, Curly Spence (former district representative in Reno) found Burt and asked him if he'd like to run a dozer and be a Local 3 member. Burt was tickled at the new opportunity. He told Spence: “I'll run just about anything you want me to!” And he already had pretty good experience on a number of machines.

Some years later, he left Ely and ended up in California working for Ghilotti and then with Syar for many years, mostly in the Vallejo and Fairfield areas. He ended his career working for Teichert.

Burt retired in 1984 at age 59 – one of our first service pensioners (59 and 30).

Judy and Burt love to travel. The couple described to us a cross-country road trip they recently completed. They traveled east by a southern route – Grand Canyon, Memphis, Washington, D.C. – then back through the north. They thoroughly enjoyed visiting the Smithsonian and sightseeing in Washington, D.C.

Burt is a Navy World War II vet and saw action in the Pacific Theater, including Okinawa. His granddaughter, Jennifer Miller, is currently completing her 5th tour of duty in Iraq as an Air Force Computer Specialist. Burt and Judy were back east before the World War II Memorial’s opening and are quite interested in going to see it.

The Cunninghams have a beautiful home in Napa, where they've lived for many years. Judy is also retired on a union pension (not Operating Engineers) and enjoys gardening as one of her many interests. The garden in front looks like a million dollars with dahlias, roses and many other varieties. Gardening, along with golf, bocce and Burt's occasional trip to River Rock Casino keeps them quite active.

They've attended the Retiree Picnic for 20 years. Burt says he always sees someone he worked with or someone who knows someone he worked with.

“The union has given us a good life. If I had to do it all over again, I would do the same, except I might be a little wilder.”
For the last six months, I have been involved in selecting and implementing a wellness program for our members enrolled in our health and welfare plan. The concept behind a wellness program is to help our members live healthier, so they don’t end up with major medical issues down the road. The group we selected is Matria, formerly known as CorSolutions. Working with Matria, we expect to roll out the wellness program this fall.

I encourage all of you who are enrolled in the Operating Engineers Health & Welfare Plan to take a moment and complete the wellness assessment when it comes out. In speaking with our consultants, prevention is potentially the best health-care option out there. You know what grandma used to say: “An ounce of prevention is worth a pound of cure.”

Matria has developed a safe and secure information-management system. You will have access to dietary and healthy lifestyle options, counseling and more – all of which are explained in this month’s Health News on page 22.

I’ll be sending in my assessment as soon as it’s available and sharing my results as a means of encouraging you all to take the first step toward a healthier lifestyle.

What’s my motivation? I have always wanted to live at least 100 years. Now my goal is 100 healthy years, so I can enjoy the marvels of what transpires in a century.

CEMA awards 2007 scholarships

By Randy Johnese, business representative

On June 14, County Employees’ Management Association (CEMA) President Edna Esquiverra and Scholarship Committee Chair Mary Mitchell presented CEMA scholarships to the following sons and daughters of Local 3 CEMA members:

- Winner of the Keith Garvey Memorial Award – Matthew Bejar. Matthew is a freshman at Gonzaga University and hopes to become a high school teacher. His father, Philip Bejar, is a work-center supervisor for Facilities and Fleet (FAF), Building Operations.
- Matt Hand – Undergraduate Scholarship. Matt attends Purdue University and studies Human Resource Management. His father is Mark Hand, a senior diagnostic imaging information specialist at Valley Medical Center and a member of the CEMA Executive Board.
- Kristen Joy Hahn – High School Scholarship. Kristen graduated from King’s Academy and will attend Point Loma Nazarene University in San Diego. She would like to go into the medical field to become a doctor, nurse or physical therapist. Her father is Michael Hahn, a senior systems software engineer in the Information Services Department.
- Nicole Nguyen – High School Scholarship. Nicole graduated from Presentation High School and will attend UCLA in the fall with a major in pharmacy or optometry. Her mother, Tuyet Nguyen, is a management analyst with the Social Services Administration (SSA).
- Steven Roberts – High School Scholarship. Steven graduated from Del Mar High School and will attend Foothill College. He hopes to go into sports management. Steven’s mother, Karen Roberts, is an associate management analyst with the Public Health Department.
- Marcel Stieber – High School Scholarship. Marcel graduated from Lynbrook High School and will attend California Polytechnic State University at San Luis Obispo with a major in mechanical engineering. His mother, Hella Bluhm-Stieber, is a medical librarian at Valley Medical Center.
- Alejandro Vidal – High School Scholarship. Alejandro graduated from Sierra High in Manteca and will attend California State University Fresno with a major in kinesiology. His mother, Marlene Vidal, is an Application Decision Support Manager (ADSM) in the Department of Social Services.

CEMA and Local 3 would like to congratulate all of the winners and wish them the best of luck in the coming academic year.

Negotiations ongoing in Porterville, Santa Cruz

By Fred Klingel, business representative

Porterville POA working on a new contract

The Porterville Police Officers’ Association (PPOA) is off to a good start on a new Memorandum of Understanding (MOU). Business Rep. Mike Minton and PPOA President Bryan Clower have done a great job getting the process started. Now it is my job to finish by getting Porterville’s police officers out of the cellar to an equitable level and standard of living they deserve. PPOA has been losing members to higher-paying agencies in the area for some time, and unless there is a change in thinking, it will continue to happen. The question city management has to consider is whether it wants to continue spending funds as the training ground for other departments in the area and even out of the area. The cost of training a police officer is extremely high, and it usually takes about three years for an officer to reach the first level of competence. Once that level is reached, most agencies within the area and especially those outside the area are willing to pay top dollar, including specialty pay, signing bonuses and even forgivable loans for housing.

Our initial talks have begun on a positive level with good attitudes on both sides. I believe the PPOA has set forth a reasonable approach that will hopefully bring satisfactory results for both the city and the PPOA. Let’s keep the effort going and get to the next level.

Santa Cruz mid-managers begin contract talks

Mid-managers with the city of Santa Cruz have finally begun contract talks. This time of year seems the most difficult time to get started. Everyone is busy – school years are coming to an end and everyone is traveling to see their children and relatives graduate from high school or college. Others are getting ready to go on vacations they have been planning and looking forward to. Vacations are well-deserved and necessary to recover and recharge the battery. However, these events leave little time to schedule negotiations. Yet, we have had some success in making things go – even Mid-Managers’ Association President Robert Solick was able to stay in touch while on vacation at Lake Geneva and Lake Lucerne, visiting his daughter. I commend him for being so dedicated. We have had several meetings and some interesting conceptual dialogue, which may turn out as a positive step. Hopefully by the time this shows in print, we will have been successful in reaching an agreement, and I can write about a new MOU.
Stewards defeat effort to contract out Municipal Rose Garden maintenance
By Bill Pope, business representative

After only two weeks in office, Councilmember Pierluigi Oliverio held a press conference calling for a private contractor to maintain the Municipal Rose Garden using the money San Jose was paying city employees assigned to the garden. The proposal for this pilot program was an attack on the members of Local 3.

Oliverio did not see that by using the city employees’ salaries, Local 3 members would be laid off. He also didn’t see that our members at the garden were understaffed by as much as 2/3 of its full staff. He couldn’t see that city management had made the decision to provide reduced service for the garden.

OE3 stewards Dan Finn, Tom Reilly, John Tomlin, and Martel Villagomez and I met with every councilmember to tell them why this pilot program was bad. We reminded them that park maintenance is a city-wide issue that needed to be addressed in a comprehensive way, and Local 3 members must be included in the discussion.

The San Jose Parks and Recreation Commission, other bargaining units in the city and neighborhood activists joined in the fight, as did the Labor Council and its affiliates.

At the city council’s May 15 evening session, nearly 50 people spoke about the pilot program, one minute at a time. After lengthy discussion by council members, they voted 8 to 2 against the pilot program.

This is a big victory, and it could not have been accomplished without the hard work of the OE3 stewards and our partners in the fight. Thanks, and congratulations on a job well done.

Local 3 salutes San Francisco Honor Guard
By Dave Gossman, business representative

Local 3 pledges its best efforts to stand behind the men and women who stand behind the badge in the law-enforcement agencies and other agencies we represent throughout our jurisdiction. On May 12, groups of people gathered to honor and pay their respects to law-enforcement personnel who died in the line of duty. Surviving spouses, partners, children, brothers, sisters and fellow peace officers gathered at the California Peace Officers’ Memorial in Sacramento, built in 1976.

The memorial features three bronze law-enforcement figures representing more than 1,400 peace officers who have died in the line of duty since California became a state. They stand tall at about 9 feet and cast a long shadow. The three look down on a life-size figure of a woman comforting a child sitting on a bench, representing the grief-torn families left behind.

The job of a peace officer is perhaps the most difficult and challenging in our society. We are thankful to those who are willing to risk injury, even death to provide greater protection and safety for all.

This year, the San Francisco Sheriff’s Department was represented by its elite Honor Guard. Local 3 salutes the deputies of the Honor Guard who give their time and energy at memorials, funerals and special events to represent the Sheriff’s Department and the city of San Francisco.

ACMEA ratifies three-year agreement at ACMC
By Alan Elnick, business representative

Alameda County Management Employees’ Association (ACMEA) members at the Alameda County Medical Center (ACMC) ratified a three-year agreement that provides 12 percent in wage increases over its term for most of the represented classifications and additional wage increases for technical-specialty classifications.


Shift differentials were obtained for supervisory and management classes assigned to work evening and midnight shifts, along with paid educational leave for classifications requiring certification or licensure. For fiscal years 2007-2008 and 2008-2009, the Cafeteria Benefit Plan for health-related expenses will be improved to $1,600 each of those years. Co-payments for health insurance will remain at $5 per visit for prescriptions through January 2008 and will increase to $10 in February 2008.

A number of “deep class” classifications were changed to a step range of either five, seven or nine steps, while some higher-level classes formerly on a step range were moved to “deep class.” Recall rights from layoff were increased to two years.

Secretary Frances Legg, Interim Radiology Director Lana Smallwood, Respiratory Care Manager Brandy Burrow, Environmental Services Director Pierre Loiseau and Clinical Nurse Manager Eulalia (Laly) Williams served on the negotiating committee with OE3 business representative Alan Elnick.
The preparation

It is beyond the midnight hour at the University of California San Francisco (UCSF) Mission Bay Campus, but all is not quiet. There is a gathering of sounds as Interstate Concrete pump trucks, Cemex and Bode concrete trucks and Local 3 engineers and mechanics are engaged in a dull roar. Equipment and operators are gearing up for a Big Pour, one that has taken more than seven months to negotiate and prepare for – a pour that needs perfect, sunless conditions, which is why the night shift is the best shift for the job. Engineers News teams up with San Francisco Business Agent Gary DeRenzi to see the night work in action.

Interstate Concrete Pumping bid on the job – pouring the pad for the new stem-cell research building on the UCSF Mission Bay Campus – more than eight months ago and met more than half a dozen times with Hathaway Dinwiddie to go over all the grueling details: Heavy equipment had to cut pads to set the concrete pump trucks on. Bigge brought in dunnage to set the outriggers on.

Hathaway Dinwiddie left nothing undone and made considerable efforts to ensure everything would go as planned.

“Hathaway Dinwiddie is on top of their game,” Interstate Owner Andy Paulazzo commented. “More than most – these guys [owners John Rottman and Mario Anaya] are unbelievable. They spent some money to make this night go well.”

In his 24-year career of concrete pumping, this is the first time Paulazzo has seen this
much consideration for site preparation. And onsite, despite the late hour, floodlights, truck-lights and gleaming neon vests illuminate the beginning action like fireworks.

The 76,880 square-foot pad ranges from 6.6 feet to 3 feet thick.

Interstate has eight concrete pump trucks onsite ranging from 41 meters to 58 meters encircling the pad. Two mechanics are also on hand to keep operations on course. Ninety-two concrete mixers are posed and ready – an unusually large amount – and Cemex keeps them full from its batch plants in San Francisco, Berkeley and Oakland, as does Bode out of San Francisco. Also onsite is Consolidated Engineering with 13 members on two shifts, as the company tests the concrete right out of the trucks as it is being poured.

The outcome

As with good preparation, the event is a success with trucks relocating on all sides to complete the pad.

"The job went very well," Superintendent John Rottman said.

The result: 7,600 cubic yards of concrete (700 yards per hour), perfectly in place after two shifts and one full sunrise.

But sleepiness is not among the some 30 Local 3 members. Instead, they are proud.

"I am very happy; this is my home [Interstate Concrete]," five-year member and Pump Operator Chris Boldt said with a grin.
FAIRFIELD | Members move dirt near Columbus Parkway

In Vallejo, work is picking up. Independent Construction has more than 20 members moving massive amounts of dirt at the Waterstone Project near Columbus Parkway. Atlas Peak is also busy at Columbus Parkway.

On the other side of the canyon, Mountain Cascade is finishing some underground work along the edge of American Canyon.

In Jamison Canyon, Hess Construction is removing the existing water tank and doing all the work for the new tank installation.

In Napa on the Silverado Trail, Argonaut Constructors is putting the water main and water lines all the way back to town. Syblon-Reid has cleaned out the storage ponds and installed floating covers for the Napa Sanitation District.

Work continues for Top Grade at the Sutter Medical Building.

Apprentice Coordinator Holly Brown would like to congratulate the following apprentices for reaching journey-level status:

Michael Bullis, construction equipment operator
Robert Coronel, crane operator

On the finish blade, member Tony Parkinson works for Top Grade at the Sutter Medical Building in Fairfield.

UTAH | In his own words

Fifty-year member Eugene Davis reflects on his time in Local 3

Just a word or two about having 50 years in the Operating Engineers: There is no way you can put that into words without writing a book. In 1957, I decided I wanted to be a Cat skinner. My dad was running a Pioneer Cat on the headwaters of the Scott River, so I went to talk to him. He told me he would get me in the union if I would set grade for a year. The outfit he was with needed a gradesetter. They agreed to give me a chance, so I joined the union and took the job. Believe me – that was a learning experience – to survey a road off of center-line elevation only with a grade-rod and an eye-level. After 20 some miles of that, I learned what grade-stakes were all about.

Without Local 3, I would not be where I am today. These have been a lot of good, hard-working people, fighting for what we have for wages and benefits today. When I joined, top hands got $3.05 and no benefits. Nobody is going to give you something for nothing – you have to fight for it. You have to stand up and be counted. I believe being a job steward for 10 years or so, off and on, helped me understand things a little better and helped keep things working for all of us. It has to be a two-way street for it to work. One-way streets don’t work for anyone. I guess what I mean is, if you need to know something, ask. If you have something to say, stand up and be heard. Most of all, stand behind what you believe in, and we will see you down the road some time.

STOCKTON | Crane operators pick up the workload in District 30

Work in the Stockton District is starting to pick up; however, with the housing market taking the drop it did and having such a mild winter, work has been slower than usual for this time of year. According to our bid reports, there is a lot of work out there – it’s just stuck in the bidding or permit process. Hang tight and keep your out-of-work list up-to-date – it expires every 84 days. If you have any questions, check with the dispatch office at (209) 943-2332.

On a brighter note, there is some work out there. A recent jobsite visit proves this, as young gun-crane operators Tom Hopken, Jacob Mendonsa, Abe Padilla and Troy Reese for Hatton’s Crane made a 56,000-pound lift for the new Harley Davidson dealership in Lathrop. With a 265-ton crane and a 90-ton crane picking together, these members swung the new roof into place and made it look like a simple task.

We are currently in negotiations with Calaveras Materials and Cemex. The pre-negotiation meetings went well. There are eight rock, sand and gravel plants affected by these negotiations located in the Oakland, Fresno and Stockton districts.

Every year, the business agents are given a great opportunity to hand out clocks or watches to 50-year members who could not make it to the Retiree Picnic. They are fortunate to spend some quality time with these retired members and gain precious insight into their lives as Operating Engineers. As usual, this year the stories were amazing, such as work on the New Malones Dam and the Alaskan Pipeline. These retirees have a lot of years and a lot of memories. They deserve our thanks and gratitude.

50-YEAR MEMBERS

Alvie Owens
Vernon Baumback
Norman Cabassi
Leon Pettitt

Working for Hatton’s Crane, crane operators Troy Reese, Tom Hopken, Jacob Mendonsa and Abe Padilla use a 265-ton crane and a 90-ton crane to make a 56,000-pound lift for the new Harley Davidson dealership in Lathrop.
District welcomes Mach 4 Construction

From Elko

Hello from Elko – the other side of District 11. Winter is trying to go away, even if it is the first of June. Construction work in the area is picking up, but it has been a little slow going. Allen Strong has been assigned as organizer in this office. He has been busy talking to non-union contractors in the area and has received favorable responses from several of them. Recently, we signed Mach 4 Construction located in Elko and owned by Duncan and Angela Miller.

High gold prices have driven a lot of work to contractors. They come to Local 3 looking for good benefits to attract and retain experienced help to accomplish a quality job in a timely manner and make good profits. These factors work together and make the non-union companies pay attention.

On the mining side

A number of members employed at the Newmont Mining Corporation donated money to a United Way fund that Newmont supports each year. Local 3 members managed the fund, and when all donations were received, the members decided to donate the money to a non-profit corporation named Igloo, Inc., a company that owns a non-functioning cold-storage building in Elko. Igloo, Inc. turned the building into a sports-recreation facility Elko children can use to play soccer and roller hockey. Children can also use batting cages in the long winters. Unfortunately, the building’s roof was leaking so badly they weren’t able to use it during wet weather. Local 3 members heard Igloo, Inc. needed help funding a new roof and were able to donate $6,382.87 to help fund the project.

The work in Northern Nevada has gotten off to a slow start. The housing market slowed down, and transportation funds for Northern Nevada are affecting the amount of work this season; however, we anticipate the work picture will pick up.

A few projects going this season include T.W. Construction’s $30 million sewer project. Granite Construction is working on the runway apron at the Reno International Airport. The next phase of the Hwy. 395 Carson Bypass is scheduled to bid soon. More updates ahead.

The June 16 Nevada District picnic honoring our retirees was a great success. With great food and plenty of good company, the retirees and our working members and their families enjoyed getting together and also enjoyed the raffles that included a flat-screen high-definition TV and a Savage Arms 22-caliber rifle. The TV was won by Ron Gribble, who awarded it to Retiree John Hoover. Also at our picnic, 50-year watches were awarded to Iver “Ike” Clausen and Bob Yturiaga. District 11 thanks everyone who helped out with the successful picnic.

District 11 would also like to congratulate member Jacon Boyer and his wife, Christina, on the May 12 birth of their son, T.J. Edward Brandon.

REDDING  I  Curve realignment work going strong in District 70

The work picture in District 70 remains strong with many members working all over the district.

Golden State Bridge is working hard and ahead of schedule on the Bay Bridge Project. Kiewit Pacific is also making good progress on the Cypress Street Bridge replacement.

Steve Manning Construction crews are putting in long hours at the Hwy. 299 Round Mountain at Fountain Curve realignment project, the Hwy. 89 Lassen Park drainage and overlay project, the Hwy. 89 road-widening project in Siskiyou County and the Hwy. 299 Bald Mountain Curve realignment and widening project in Modoc County.

J.F. Shea is paving I-5 at Flume Creek, I-5 in Cottonwood and Hwy. 97 in Weed. Ford Construction is working on the second phase of the Anderson Landfill Project. Tullis, Inc. is working at Hwy. 44 in Shingletown on a curve realignment project, at Hwy. 36 on the Tehama County curve realignment project and various overlay projects in Plumas, Trinity and Tehama counties.

Syagon Reid is working on a water-treatment project at High Desert Prison, while Granite Construction finishes a runway project at the Sierra Army Depot. Sierra Nevada Construction is going full tilit on the Hwy. 395 widening and curve realignment project in Milford. Stimpel-Wiebelhaus is working at Hwy. 139 in Lassen County on a curve realignment project and at Hwy. 36 in Tehama County on the Dry Creek curve realignment project.

Ron Hale Construction is doing a number of projects in and out of District 70. Eagle Peak Rock and Paving is working on Hwy. 395 and doing a dig-out and overlay project in Modoc County. Meyers Earthworks is working on a rehab job on Clear Creek Road in Redding.

In organizing news

With the help of Organizer Joel Duckworth, we have signed the following companies in District 70: Cox & Cox Construction, Fogle & Sons Construction, Kickin Enterprises and RB Aldrich Construction. Cox & Cox Construction is an underground company that works all over Northern California; Fogle & Sons Construction is a small paving contractor from Tehama County; Kickin Enterprises and RB Aldrich Construction are underground and grading contractors. We welcome these companies to Local 3.

We would also like to extend our thanks to all who helped and attended our district barbecue picnic at Anderson River Park. This was the 36th consecutive year for our picnic, and all have been great. A good time was had by all.

With jobs bidding all the time and members working long hours, it appears to be a good year. Please remember to work safely.

Special thanks to Steve Ingersoll, fifty-year honoree Iver “Ike” Clausen, Financial Secretary Jim Sullivan, fifty-year honoree Robert “Bob” Yturiaga, Treasurer Dan Reding and Vice President Carl Goff.

Member Kenny Spliehof assembles a multiplate culvert for Steve Manning Construction.
**HAWAII**  
Partnership key in subdivision project

The Ukumehame Water Tank/Subdivision Project is in full swing on the west side of Maui – the driest part of the island. However, it wasn’t an easy start; before the project could proceed, a one-million-gallon water tank had to be installed for the five to 10-acre agriculture parcels to be approved for sale at more than $5 million. Many thanks go out to Stabilization Director Perry Artates, who assisted our contractors to bid on District 17 projects like this one. Some of the key players on this project working for Goodfellow Brothers include Excavator Operator Thomas Lindsey, Loader Ronnie Rojas and Gradesetter Keith Taketa. Regarding this project, these members said: “Life is water, and water is life.”

Other members working for Goodfellow Brothers on the subdivision of Kehalani include 16-year member Antone Souza and 13-year member Dwight Burns, who work as a team setting points for the installation of sewer, water and drain-lines. These two have an unbreakable partnership as they fit about 8,100 feet of utility lines for subdivision site 23 in Wailuku, Maui. This site is one of many areas that will house a new community with a school, park/playground, church and many other amenities.

**BURLINGAME**  
From hot-tub hoists to pile-driving, District 01 gets it done

*From San Mateo County*

Work has finally begun at the new San Mateo Police Station. Raito, Inc. is onsite with many other signatory contractors to follow on this all-union jobsite. Kiewit is driving pile for a new sound wall as part of the Hwy. 101 widening project running from San Mateo to Burlingame. Ghilotti Bros. is working hard at the San Francisco International Airport with many Local 3 members making the airport a better and safer place.

If you have driven down Hwy. 101 in southern San Mateo County, you may have noticed Pavex placing an overlay on the freeway at night, which will make the ride a lot smoother. Granite Rock in Redwood City is supplying the project. Members Wayne D’Antonio, Gary Tanner, Richard Costello and Tony Ponce are working long hours at the facility to supply Pavex with rubberized asphalt for the project.

On the south-bound shoulder of the Hwy. 101 widening project, it’s all about driving pile. Members Dave Federighi, Steve Mackey, Randy Silva and Bobby Wilkes keep the piles coming in good form for Kiewit.

*From San Francisco County*

The San Francisco work picture is consistently busy. Construction continues along the 3rd street corridor in the Mission Bay Area where Foundation Constructors have four rigs driving pile for more buildings. Operators on the job include Gregory Trimble, Bill Atnip, Michael Hill, Ray Carter, Paul Jarral, Tom Guttierrez and Apprentice Melvin Thompson.

Public works include extensive pipeline projects for A. Ruiz, Vargas and Esquivel, Harty Pipelines, M.K. Pipelines and Mountain Cascade. In the Bernal Heights neighborhood, Golden State Boring & Pipe Jacking is punching a 5-foot-7-inch bore 1,300 feet through the hill that will become part of the storm-drain system.

Variety is the spice of life in crane rental. It took a lot of “cribbing” to level Kel Crane’s 90-ton link-belt on the hills of San Francisco’s Noe Valley. First-step apprentices Symeo Streeter and Clint Montgomery packed the 12-by’s and controlled traffic, while Second-step Apprentice Greg Walton leveled it up and made the pick. All three apprentices were closely supervised by Owner-Operator Kenneth Hubbard. The job entailed hoisting a hot tub over tightly packed houses to the backyard of a private residence.

*From Marin County*

Work is really going in Marin County. Ghilotti Bros. is widening Hwy. 101 in San Rafael and Petaluma. In Novato, signatory contractors Maggiora & Ghilotti and W.R. Forde are working on upgrades to wastewater treatment plants. At the Bel Marin Keys, Bay Cities is pumping mud, and the $6.4 million project is staying on schedule thanks to Local 3 members Steve Beesley of Bay Cities, Steve Johnson of Maggiora & Ghilotti and Second-step Apprentice Steve Hubert, also of Maggiora & Ghilotti.

The San Francisco District staff thanks members Joe Roberts, Brian Angelo, Matthew Peacock and Steve Badarello who are working on a project in San Carlos for Talus Construction. These members honored a picket line and stood up to non-union labor.
FRESNO  I  How to report vacation pay

The work season for District 50 got off to a slow start, but with the $120 million allocated for our area, there is light at the end of the tunnel.

Updates are coming soon on whether the Livingston Wastewater Treatment Plant will be added to our list of upcoming work.

We have had several members inquire about reporting vacation pay to the Employment Development Department (EDD). The following information may help when dealing with the EDD in regards to vacation pay:

When vacation pay is considered wages for unemployment purposes:

• Quitting or discharge
• Indefinite layoff (employer does not give worker a definite date to report to work)
• Strike, lockout, honoring a picket line or other trade dispute without a fixed return-to-work date

When vacation pay is not considered wages for unemployment purposes:

• Fixed layoff (definite return-to-work date)
• Strike, lockout, honoring a picket line or other trade dispute with a fixed return-to-work date

Congratulations to District 50 retirees Rex Dykes, Ed Lowry, Paul Paulsen and Bill Steele on receiving their 50-year clocks and watches.

Thank you to everyone who attended the July 12 district meeting. Don’t forget: Everyone is invited to Member Appreciation Night held the second Wednesday of every month. We look forward to seeing you there!

YUBA CITY  I  Billions worth of projects ahead in District 60

Silica Resources, Inc. and its crew members ratified an agreement in June that will shore up its pensioned health and welfare benefits and medical benefits with improvements and wage increases for the next three years. Changes made to its trainee language benefit employees with total package increases over the life of their three-year contract for about $5 an hour. Special thanks to Brian Goss and Cory Adamson for their work as rank-and-file bargaining-team members and to the rest of the crew for their participation in pre-negotiation meetings.

FCI and Granite are still hard at work on Hwy. 20 east in Sierra and Nevada counties, as well as the I-70/I-149/I-99 Highway Improvement Project in Butte County. Shimnack is pouring concrete and keeping members working on Stony Gorge Dam. Baldwin is preparing to start its $8.1 million overlay on I-5. Teichert is on Hwy. 20 in Colusa County. McGuire & Hester was the low bidder on the Plumas Street Improvement Project in Yuba City. DeSilva Gates will be starting the Hwy. 20/ Hwy. 99 intersection improvements and overlay of I-99 south, worth about $12 million. Mountain Cascade was awarded the contract for the $12 million Colusa Water Treatment Plant Expansion. Cox & Cox, Jerry Lee and Baldwin Construction are working on projects for the city of Wheatland. Dutra has levee-improvement work on the Bear River and the Sacramento River. A trip to the Caltrans website shows more than 82.6 billion O&3 members, retirees, staff and Job Corps recently attended one of District 60’s Wednesday night cookouts. These feasts are held every Wednesday night at the Hall.

DeSilva Gates hosts GPS Equipment Rodeo

Work in the Oakland District is going strong. Several members are staying busy with highway work in the area, including FCI and Condon-Johnson off I-238 and I-580.

Members and staff from our district recently attended a GPS Equipment Rodeo at the DeSilva Gates La Vista Quarry in Hayward. This was a great event showcasing the latest and greatest high-tech equipment on the market. There were enough dozers, blades and barbecue around to make any Operating Engineer thoroughly enjoy the day. Thanks to Local 3 member Charles “Chip” Stockwell for volunteering his time and expertise.

The shop work in Oakland seems never-ending, as our mechanics with Papé Machinery in Newark will tell you. They’re working hard this summer, and we want to encourage them to keep it up.

We hope to have positive updates to share next month on our negotiations with Komatsu and Valley Power. Until then, be safe.

For more current updates on the work in District 60, stop by the Hall. Help us help you; keep your eyes on your district, and call us with any questions or concerns you have at (530) 743-7321.

Don’t forget: Due to popular demand, we will be raffling off a 2007 Honda Rancher 460 Camo quad with custom tires, a gun rack and a hunter’s pack at the Oct. 3 district meeting. Tickets are $100 each, and we will only sell 100. The proceeds will go to next year’s picnic. Get yours today!

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**SAOACRAMENTO** Record-high turnout at district picnic

District 80 would like to formally apologize for the shortage of food at our Sunday, June 10 district picnic. We did not anticipate such a huge turnout. We ordered the same amount of food as we always do. We want to assure you this will never happen again and apologize for any inconvenience this may have caused you and your family. We would like to thank the membership for the huge turnout, and we hope to see you and your families again next year. For more pictures, see the Local 3 website at: www.oe3.org.

Construction heats up with the weather

One of the hot spots for construction this season is the Truckee area. Kiewit Pacific is back for a repeat season south of Truckee on Schaffer Mill Road. The company should remain onsite for about two more months.

Yubacon is on the north side of I-80 near the corner of Donner Pass Road and Hwy. 89 north. According to Yubacon Foreman Kent Ekberg, work should continue for another month.

Teichert’s Heavy and Highway Division has work on I-80 between Donner Pass and Soda Springs with the company field office located at Boreal. This job should continue for about three seasons due to the May 1 through Oct. 15 moratorium in the Truckee area.

Q&D is in full swing again for its third season at Northstar south of Truckee on Hwy. 267.

Syblon Reid began its season in Truckee on the south side of I-80 between Hwy. 89 south and Donner Pass Road for the new Sierra College Extension. In addition, Syblon Reid picked up other jobs – water, sewer, storm drains and a detention basin that will continue to Oct. 15, 2007.

Further east on I-80 is American Civil Constructors – West Coast. A.C.C. is completing the Truckee River Bridge near Floriston a few miles from the Nevada state line.

Many members have asked who will be doing the work on the new Foothill Oaks Casino in Shingle Springs. Teichert Construction has the dirt and underground work for Rudolph & Sletten on the new casino off Hwy. 50. Granite Construction and C.C. Myers started the Foothill Oaks Boulevard Interchange on Hwy. 50 for the new casino.

In downtown Sacramento, Rudolph & Sletten is going strong at 500 Capitol Mall using many signatory contractors and keeping members busy.

**SACRAMENTO** Rothert Park I Retirement good for 50-year members

With the extremely dry weather, our signatory contractors have run through much of their springtime work – work that is left over from the winter. It seems everyone is waiting for things to break loose. Here in the North Bay, there is currently $23 million worth of work pending on funding and permits. Hopefully by the time this goes to press, these projects will have started.

Argonaut and others pick up the slack

Some good jobs going in District 10 include projects for Argonaut Construction. The company is working at a Place to Play, a recreation park in Santa Rosa. The company also has the city's overlay contract and the underground work on Hidden Valley Road.

North Bay Construction continues to widen Fulton Road.

MCM Construction and Ghilotti Construction continue work on Hwy. 101 through downtown. MCM is also building a bridge at Merrit Road in Kelseyville.

MCM, Ladd and Mercer-Fraser continue the Hwy. 101 realignment at Confusion Hill in Mendocino County.

Honoring members with years of service

One of the highlights of being a business agent is presenting retirees and members with their service awards. Whether members are receiving 25-, 30-, 35- or 40-year pins or their 50-year watch or clock, it is rewarding to talk with them and hear their stories. They always mention the same thing – how fortunate they feel to have Local 3’s pension and health and welfare benefits. They also say how good retirement is.

Retiree John Brotherton recently received his 50-year clock. He worked for Rhodes-Jameson and Quarry Products. He recently received his 50-year clock at his home in Petaluma.

Double Iron, Conco and Preston Pipeline are working on projects at the Sutter Memorial Hospital.

Teichert has projects on the Hwy. 99 widening and the Florin Mall. The company also broke ground on a new Lowe’s in West Sacramento and will soon begin work on the Sacramento International Airport East Runway Apron Expansion Project.

Steve P. Rados, Inc. started on the Freeport Regional Water Project.

The Grantline/Hwy. 99 overpass is coming along with R.G.W leading the way, using DW Young and Pacific Excavation.

McGuire & Hester continues work on Gerber Road and picked up another project at the end of Big Horn in Elk Grove.

Granite is repaving the Sacramento International Airport west runway. Anrak was involved with the grading.

Golden State Bridge is working on the tower bridge with a walkway expansion.

Natomas area-development projects include signatories Mountain Cascade, DeSilva Gates, Teichert and Marques Pipeline doing small amounts of work.

Lamon Construction from Yuba City and E.S.S. Engineering from Stockton are redoing stadium grounds at Rio Linda High School. DeSilva Gates and Preston Pipeline are doing the groundwork on a new Costco in Woodland.

Congratulations to Steve McClaflin who works for Central Concrete. He recently received his 25-year pin, along with Tom Schwepe, who received his 25- through 40-year pins. Congratulations also go to Retiree Bryan Hackett on receiving his 45-year pin. Bryan lives near Lake of the Pines in Placer County.
DUES RESOLUTION – “Supplement A”

Last month’s issue of Engineers News mentioned the Executive Board certified the results of the dues resolution vote to amend Article VI (Dues) of the Local 3 Bylaws at meetings held in each district on April 9-20, 2007. This dues resolution was overwhelmingly approved by the membership. The changes will save the Local 3 membership $5.3 million. The following is “Supplement A,” which will be distributed with all Bylaws books. Please note: The Supplemental Dues 1,800 hours cap is effective Jan. 1, 2007.

If you have any questions or would like additional copies of “Supplement A,” please contact your district office.

OPERATING ENGINEERS LOCAL UNION NO. 3

The following changes were approved by the membership during the round of special-called and regular district meetings held from April 9, 2007 through April 20, 2007. The results were certified at the May 20, 2007 Executive Board meeting.

ARTICLE VI

DUES

Section 2

(a) Parent Local Union No. 3 and Sub-divisions A, B, C, E and Registered Apprentice.

(4) Employed dues for Registered Apprentices, Pre-Apprentices and Trainees shall be equal to seventy-five percent (75%) sixty percent (60%) of the paid in the Parent Local in the State that they are employed. The Executive Board, upon good cause shown, may further reduce the dues rates for certain units of Pre-Apprentices or Trainees.

(d) The "average wage package" means the averaged hourly rate, plus health and welfare, vacation and holiday pay, pay-in-lieu of vacation or holiday, pension, profit sharing and similar benefits for a straight-time shift. The averaged hourly rate to be used under (a) above shall be the average of the Area 1 base hourly rates for all groups designated in the applicable Master or Independent Agreement, excluding the highest paid group. The averaged hourly rate to be used under (b) and (c) above shall be the average of the hourly wage rates for the particular unit. Hourly contributions for Supplemental Dues and for the pension restoration fund will be excluded from the computation of the "average wage package".

(g) Retired Members’ Dues with less than thirty-five (35) years in the Local Union.

(1) For retired members eligible for benefits from the Operating Engineers’ Pensioned Health and Welfare Fund, the dues shall be twenty dollars ($20.00) per capita tax, rounded to the nearest highest dollar, plus six dollars ($6.00) from the amount set forth for each ten dollars ($10.00) that the monthly pension benefit is increased. Effective 2018, this amount shall be increased by one dollar ($1.00) for each twenty-five dollars ($25.00) that the monthly pension benefit is increased.

(3) Effective October 1, 1999, for retired members not eligible for benefits from the Operating Engineers’ Pensioned Health and Welfare Fund, not receiving an Operating Engineers’ Pension Benefit or receiving an Operating Engineers’ Pension Benefit without increases, the dues shall be equal to the International Union of Operating Engineers’ per capita tax, rounded to the nearest highest dollar, plus three dollars ($3.00), two dollars ($2.00) a month due and payable on a quarterly basis.

Changes in the dues rates.

(3) Supplemental Dues:

If the Union negotiates hourly supplemental dues for any bargaining unit, the monthly dues payable by members of that bargaining unit shall be reduced to an amount equal to two (2) hours and twenty (20) minutes a month of the applicable "average wage package," rounded to the nearest highest dollar. In addition, the monthly dues payable by members of that bargaining unit shall be reduced by six dollars ($6.00) from the amount set forth for each ten cents ($0.10) in supplemental dues, provided that in no event shall the monthly dues be less than an amount equal to one (1) hour of that "average wage package," rounded to the nearest highest dollar. In no event will the Supplemental Dues rate exceed such ratio of one and nine-tenths percent (1.9%).

b. Supplemental Dues shall be payable only on the first one thousand eight hundred (1380) hours worked per calendar year for all members. Any member subject to the Supplemental Dues provision who does not execute the necessary authorization form shall pay dues at the alternate dues rate.

c. Monthly dues for alternate dues payers, including members who do not execute supplemental dues authorization forms, Owner/Operators and Travelers, shall be equivalent to the amount of monthly dues plus one hundred and fifty (150) hours of supplemental dues at the applicable rate for the bargaining unit.

(n) Incapacitated Dues.

For members who have exhausted the benefits provided in the Good Standing Procedures and who continue to meet those requirements, the monthly incapacitated dues shall be the International Union of Operating Engineers’ per capita tax, rounded to the nearest highest dollar, plus eight dollars ($8.00), two dollars ($2.00) per month due and payable on a quarterly basis.
DISTRICT MEETINGS
All meetings convene at 7 p.m.

AUGUST 2007

7th District 10: Lakeport
Lake County Fairgrounds
Junior Building
401 Martin St.

7th District 40: Eureka
Best Western Bayshore Inn
3500 Broadway

8th District 70: Redding
Engineers’ Building
20308 Engineers Lane

9th District 60: Oroville
Southside Oroville Community Center
2959 Lower Wyandotte

9th District 80: Rancho Cordova
Machinists’ Hall
2749 Sunrise Blvd.

23rd District 01: Burlingame
Machinists’ Hall
1511 Rollins Road

23rd District 90: Morgan Hill
Engineers’ Building
325 Digital Drive

SEPTEMBER 2007

19th District 17: Honolulu
Kalakaua Intermediate School Cafeteria
821 Kalili St.

20th District 17: Kona
King Kamehameha Kona Beach Hotel
75-5660 Palani Road

20th District 12: Salt Lake City (new date)
IBEW Local 354
3400 W. 2100 S.

21st District 11: Reno (new date)
Engineers’ Building
1290 Corporate Blvd.

21st District 17: Maui
Maui Beach Hotel
170 Kaahumanu Ave.
Kahului

OCTOBER 2007

8th District 04: Cordelia
Cordelia Fire District
2155 Cordelia Road

9th District 90: Morgan Hill
Engineers’ Building
325 Digital Drive

10th District 30: Stockton
Stockton Ballroom
965 Thornton Road

10th District 50: Clovis
Veterans’ Memorial Building
453 Hughes Ave.

11th District 80: Rancho Cordova
Machinists’ Hall
2749 Sunrise Blvd.

12th District 20: Martinez
Plumbers 159
1304 Roman Way

DIEGO NEWS
MEETINGS & ANNOUNCEMENTS

Come out to your district picnic!
District 90: Morgan Hill       Sunday, Aug. 5
District 17: Hilo             Sunday, Aug. 26
District 17: Maui             Sunday, Sept. 9

Picnic time:
District 90: Morgan Hill
Date:            Sunday, Aug. 5
Time:            10 a.m. to 4 p.m.
Location:        Christmas Hill Park, 7050 Miller Ave., Gilroy
Cost:            adults – $10 in advance; $12 day of the event; retirees and children under 10 – free
Menu:            tri-tip, chicken, hot dogs, salad, beans, garlic bread, ice cream and refreshments
Please note:     The raffle starts at 1.30 p.m.

District 17: Hilo
Date:            Sunday, Aug. 26
Time:            8 a.m. to 11:30 a.m. lunch; finish at 3 p.m.
Location:        Wailea State Park, large pavilion
Cost:            free
Menu:            rice, salad, kalua pig, hind roast, shoyu chicken, pinacbet, pancit noodles, beef stew, sautéed shrimp, fish, hot dogs, hamburgers, smoked meat, desserts and too many pupus to mention!

All alcoholic beverages must be brought in on your own and consumed inside the pavilion only.
We’ll have games for all ages, Bingo, lucky-number drawings and live entertainment.

District 17: Maui
Date:            Sunday, Sept. 9
Time:            10 a.m. to 2 p.m.
Location:        Keopulani Park
Cost:            free
Menu:            barbecued hamburgers, hotdogs and more

We’ll have a jump castle for the kids. Please RSVP.

Honorary Membership
Effective July 1, 2007

Robert Brawley 1522843    District 04: Fairfield
Robert Faugor 1382356     District 30: Stockton
Tadashi Haimoto 1528225   District 17: Hawaii
Arturo Jimenez 1199115    District 30: Stockton
Charlie Ramos 1511598     District 17: Hawaii
Scott Rymer 1523005       District 10: Rohnert Park
Tom Sakoda 1522805        District 30: Stockton
Adrian Thomas 1492893     District 99: Out of Area
John Welch 1504454        District 30: Stockton

New Contractors
June 2007

District 01: Burlingame
American Bridge/Fluor, JV
Reliance Engineering, Inc.

District 04: Fairfield
Advantage Demolition & Engineering

District 11: Nevada
Lex Consulting LLC
Mach 4 Construction LLC
Merit Electric

District 12: Utah
Alegion Pipeline

District 17: Hawaii
Kokosing Construction Co., Inc.

District 20: Oakland
Solaris Solar, Inc.
Substructure Support, Inc.

District 30: Stockton
Fisk Demolition, Inc.

District 50: Fresno
Crucce Construction
JWT General Engineering, Inc.
Pacific Tank & Construction

District 60: Yuba City
RL Crum Construction

District 70: Redding
Kiekin Enterprises, Inc.

District 80: Sacramento
Brushbuster, Inc.
DP Crushing, Inc.

District 90: Morgan Hill
Community Playground
Mac Grading & Paving
Statewide Construction Sweeping

An update on Local 3’s History Project

In response to questions on the status of Local 3’s History Project, the membership will be pleased to know the research for the project is going strong under the direction of Business Manager Russ Burns. Staff involved in the project is currently considering a title for the book – Breaking Ground – and have reached the point where we need your help.

Local 3 is looking for your old photos (with people, places and things identified), your best war stories and anything else of historical significance you want to contribute to the archives. Please contact Communications Director Charlie Costello at (510) 748-7400, ext. 3492, or ccostello@oe3.org with your ideas and questions about the project.
Bylaws Committee takes on language changes

The Local 3 Bylaws Committee met June 13 in Alameda to work on language changes in the union’s Bylaws, both substantial (such as establishing the Bylaws Committee as a standing committee) and un-substantial “housekeeping” changes (such as removing all references to Local 3’s former jurisdiction of Wyoming and South Dakota).

The committee met with the officers to complete their work and sent the recommendations to the International Union’s Legal Department for its review. In the next few weeks, Local 3 will ask the membership for its support of these changes by collecting signatures and tallying a vote at the Sept. 16 Semi-Annual Meeting in Vallejo.

From left: Bylaws Committee members Ron Thompson of District 80 and Dennis Griffith of District 11 review their notes at a recent meeting in Alameda.

DEPARTED MEMBERS
Adams, DeWayne
Modesto, CA
District 30
05-21-07
Bankert, Marshal
Santa Rosa, CA
District 10
05-24-07
Barber, Amon
Henrieville, UT
District 12
05-14-07
Barnson T.
District 80
05-11-07
Burrows, Herbert
Spanish Fork, UT
District 12
05-15-07
Cox, Stanley
Newcastle, CA
District 80
05-17-07
Eckes, Harold
Chico, CA
District 60
05-11-07
Gibson, Henny
Dixon, MO
District 99
04-28-07
Heape, Robert
Live Oak, CA
District 60
04-30-07
Herger, Kasper
Madison, CA
District 80
04-21-07
Howe, Sam
Lake Havasu, AZ
District 99
04-29-07
DECEASED DEPENDENTS
Baker, Anita. Wife of Baker, James K. (dec)
04-15-04
Barker, Betty Lou. Wife of Barker, Charles
04-15-07
Bermea, Susan. Wife of Bermea, Alfred
04-28-07
Cobb-Adams, Genevieve. Wife of Cobb-Adams, Gerald
09-24-07
Griffith, Joanna. Wife of Griffith, John
09-15-07
Greer, Ilda. Wife of Greer, Daniel
05-16-07
Higginbotham, Bonnie. Wife of Higginbotham, Earl (dec)
05-14-07
Kanaiaupio, Odetta. Wife of Kanaiaupio, Francis
03-07-07
Kekina, Roseline. Wife of Kekina, Eimer (dec)
05-22-07
Kirch, Elizabeth. Wife of Kirch, Jesse C. (dec)
04-15-07
Needham, Judith. Ex-wife of Bone, Marshal
05-16-07
Pestrello, Loretta. Wife of Pestrello, Edward
04-15-07
Stratton, Lacky. Wife of Stratton, Ail (dec)
05-06-07
Sweet, Dollie. Wife of Sweet, William L.
05-05-07
Thompson, Mary. Wife of Thompson, Warren (dec)
05-06-07
Topper, Ruth. Wife of Topper, Roy W. (dec)
04-24-07
Turner, Charlene. Wife of Turner, Fred
05-20-07
Salgado, Jerry. Husband of Zermeno, Maria E.
04-06-07
Our apologies to Francis Kanaiaupio for the incorrect deceased dependent listing in the June issue of Engineers News. The correct listing is above.

ELECTION COMMITTEE NOTICE:
37th International Convention – Delegates & Alternate Delegates

Robert L. Wise, Recording- Corresponding Secretary of Operating Engineers Local Union No. 3, announces that in conformity with Article XII, Section 3(b), Elections, and Article XIII, Section 1(b), International Convention Delegates, of the Local Union Bylaws, elections will be held at regular district meetings and special called meetings in each district during the months of September and October for Members of the Election Committee, which will conduct an election in February 2008 of International Convention Delegates and Alternate Delegates.

The election of Delegates and Alternate Delegates shall be held during the month of February 2008 by mail referendum vote of the Membership of this Local Union under the supervision of the Election Committee and a nationally known firm of certified public accountants, selected by the Executive Board, with such other technical and legal assistance as may be provided.

The election shall be conducted by a committee known as the Election Committee, composed of one (1) Member from each District in which nominations will be made. The Member shall be nominated and elected by secret ballot at the regular quarterly or specially called District Meetings by vote of those Members present whose last known address, as shown on the records of the Local Union ten (10) days prior to the first such District Meeting in September preceding the election, was within the area covered by the District. Each nominee shall be a registered voter in the District in which he or she is nominated, shall have been a Member of Operating Engineers Local Union No. 3 for one (1) year next preceding his or her nomination and election, and shall not be a candidate, or nominator of a candidate for Delegate or Alternate Delegate to the 37th International Convention.

The nominee for Committee Member in each District receiving the highest number of votes shall be elected, and, in the event he or she is unable, or unwilling to serve, shall be replaced by the nominee with the next highest number of votes, and he or she, under the same circumstances, by the next highest, and so on, until the list of nominees is exhausted.

MEETINGS TO ELECT THE ELECTION COMMITTEE:
September 2007
21st/Fri-District 11, Reno, Engineers’ Building, 1290 Corporate Blvd.

October 2007
8th/Mon-District 04, Cordelia, Cordelia Fire District, 2155 Cordelia Rd.
9th/Tues-District 01, Burlingame, Transport Workers Local 505, 1521 Rollins Rd.
9th/Tues-District 90, Morgan Hill, Engineers Building, 325 Digital Dr.
10th/Wed-District 30, Stockton, Stockton Ballroom, 9650 Thornton Rd.
10th/Wed-District 50, Clovis, Veterans’ Memorial Bldg., 453 Hughes Ave.
11th/Thurs-District 80, Rancho Cordova, Machinists’ Hall, 2749 Sunrise Blvd.
12th/Fri-District 12, Salt Lake City, IBEW Local 354, 3500 West 2100 South
12th/Fri-District 20, Martinez, Plumbers 159, 1304 Roman Way
13th/Fri-District 10, Rohnert Park, Engineers’ Bldg., 6225 State Farm Dr.
15th/Mon-District 17, Lilue, Kauai High School Cafeteria, 3577 Lala Road
16th/Tues-District 40, Eureka, Best Western Bayshore Inn, 3500 Broadway
16th/Tues-District 17, Honolulu, Kalakaua Intermediate Cafeteria, 821 Kalihi St.
17th/Fri-District 70, Redding, Engineers’ Bldg., 20308 Engineers’ Lane
17th/Fri-District 17, Hilo, ILWU Hall, 100 W Lanikaaula Street
18th/Thurs-District 60, Marysville, Marysville Joint Unif School Dist Bd Rm, 1919 B St.
18th/Thurs-District 17, Kona, King Kamehameha Kona Beach Hotel, 73-5660 Palani Rd.
19th/Fri-District 17, Maui, Kahului, Lihikia School Cafeteria, 335 S. Papa Ave.
Be heart smart

Heart disease – illness of the heart and blood vessels – remains one of our nation’s greatest health threats. The most common type, coronary artery disease, is the leading cause of death for both men and women in the U.S.

You can greatly reduce your risk of developing heart disease – or slow its progression if you’ve already suffered a heart attack – by working closely with your doctor and paying attention to your lifestyle.

Do something good for your heart every day:

- Eat a healthy diet.
- Watch your weight.
- If you smoke, learn about our resources to help you quit: Any California resident can use the help-line: (800) NO BUTTS. Those enrolled in the Operating Engineers Health & Welfare Comprehensive Plan have access to $175 per year ($525 lifetime) for smoking-cessation products.
- Keep blood pressure and cholesterol at recommended levels.
- Exercise regularly.
- Manage stress.

Even gradual improvements in any of these areas can make a big difference in your health and how you feel.

Source: www.kp.org

Work smarter, not harder

By Guy Prescott, safety director

August and its hot weather are here and with them come the extra dangers when working outdoors in the heat. Remember to always stay hydrated by drinking plenty of water. Your body can sweat up to 32 ounces an hour. Just to break even, you need to drink 32 ounces every hour. Remember that caffeinated drinks, such as coffee and sodas dehydrate the body. Drink water and juices instead. Don’t wait until you are thirsty to start drinking water, because by then (in the heat), it can be too late. Adjust your workload whenever possible to do the heaviest tasks early in the day before the heat sets in. Eat small meals more often, and avoid high protein foods in the heat. Digesting food (especially proteins) raises the body’s metabolic heat. Avoid using salt tablets unless directed by a doctor. Take regular breaks in a cool or shady place when doing heavy work.

Learn to recognize the signs of heat exhaustion and be aware of them in your co-workers and yourself. Signs of heat exhaustion include cool, moist skin, pale skin, headache and dizziness, weakness or exhaustion and nausea. Heat exhaustion can lead to heat stroke, which is deadly. Noticing the signs early can be life saving. If you notice these signs in a co-worker or yourself, seek rest in a cool or shady place, drink water and notify your supervisor. Do not leave an affected co-worker alone.

Heat stroke is life-threatening, and medical attention is required. The signs of heat stroke include vomiting, decreased alertness or loss of consciousness, high body temperature; skin may be moist or the victim may stop sweating all together. Other signs include rapid, weak pulse and rapid, shallow breathing.

In the heat, remember to work smarter, not harder. The more work you can let the machine do, the better. Watch out for one another – use the buddy system. With heat-related illnesses, the victim is often the last one to know. Drink plenty of fluids. Work in the shade whenever possible. Use an umbrella or other device to create shade whenever you can. Heat illness can be avoided. Think it through, and plan ahead.

Union offers guidance for better health

Wellness

As mentioned in last month’s Health News, an integrated wellness program from Matria Healthcare will be available this fall for Local 3 members and spouses enrolled in the Northern California Health and Welfare Trust Fund and Public Employee Health and Welfare Trust Fund. The OE3 Living Healthy Program aims to reduce health risks and improve health through cutting-edge resources and tools, such as:

- wellness assessments
- personalized web-based programs
- phone-based health coaching

Disease Management

Local 3 currently offers a disease management program through Matria Healthcare for enrolled members and family members suffering from heart failure, cardiac disease, chronic obstructive pulmonary disease (emphysema) and diabetes. This program includes:

- 24-hour phone access to a personal nurse
- quarterly newsletters
- web access for health information

These programs are excellent benefits available to Local 3, and members are encouraged to take advantage of them. Learn more by calling Matria’s 24-hour nurse hotline at (866) 676-0740.

Top Grade promotes safety

From left: Top Grade Foreman Dale Batye presents a safety award to member Eric “Turtle” Sanchez May 21 during a safety meeting at Bethel Island, out of Oakland District 20.


FOR SALE: Spacious, two-story home situated on 1/3 acre, fully fenced, in Crescent City, CA on a bluff with partial view of Pacific. Nautical themed interior/exterior, 3-car garage w/shop and restroom, asphalt driveway/60RK RV parking and clean-out, enclosed spa, lovely backyard and more: $635,000. Call (707) 404-5360. Reg# 1133392.

FOR SALE: Carrier, 2-ton residential split system air conditioner, like new, used very little, bought new: $1,100, asking: $800. Call (916) 714-4964. Reg# 1051382.

FOR SALE: Opportunity knocks; buy my level, ten-acres, zoned horses. Well and phone already buy my level, ten-acres, zoned horses. Well and phone already. FOR SALE: 4964. Reg# 1051382. Asking: $300. Call (916) 765-0698 or e-mail g.blackwell@comcast.net for pictures. Reg# 2596259.


FOR SALE: '93 Dodge Ram turbo diesel-350 one-ton, excellent work truck. In very good condition. Large crew cab box truck with two 15-foot side boxes. Standard cab w/A/C, tilt wheel, cruise control, am/fm radio with disc player. 3/4 rubber on good set of BF Goodrich tires, tow pkg. with brake control. Gets 18-23 MPG depending on your load. Push bumper and very handsome paint. One year paint, one year A/C compressor and 2-year trans. Overhaul, $8,500. Call Dean at (530) 945-4060 or e-mail dino@shasta.com Reg# 1265020.

FOR SALE: '92 Prowler, 30 ft. 5th wheel trailer. 12'x3' living room and kitchen slide outs. All working appliances in kitchen, king size bed, ba w/tub/shower, air conditioning, completely self-contained. Very good condition. $89,500. Call (559) 876-3818, Sangier, CA (near Fresno) or visit Toscano RV Center in Los Banos, CA. Reg#2576711.

FOR SALE: Big old house in small friendly Montana town. (Melstone) 5 Br., 2 Ba, 2 kitchens. Good shape. Ideal Hunting Club or retirement. House and 4 lots, $40,000 or house and 2 lots, $32,500. AND: portable 25kw Whisperpower generator. 31 H.P. 4 cylinder Isuzu diesel. $8,500. For info, e-mail: connie@mac.com or call (405) 572-293. Reg# 106711.


FOR SALE: 1984 shasta 3300 first class 33-ft. RV with only 70,000 miles. Good condition and runs great. Asking $7,600. Located in San Jose. Call (408) 564-3610. Reg# 0906655.


FOR SALE: '94 T-Bird, 2 DR, Air conditioning, power-steering, AM/FM stereo, good condition. 108,000 miles. $2,500 OBO. Call (916) 529-6549. Please leave a message or e-mail for pictures: lenlen_saeo@yahoo.com Reg# 2584180.

FOR SALE: '90 Harley Davidson FLSTF Fatboy. $11,000, OBO. Silver, low miles. Good cond. w/passing lamps, engine guard and windshield. Saddlebags, cover, sissy bar and bgab. Original seat. E-mail: HD1990FATBOY@hotmail.com for pics. Call (510) 529-6549 to see. Reg# 2584180.


FOR SALE: '93 Dodge Ram turbo diesel-350 one-ton, excellent work truck. In very good condition. Large crew cab box truck with two 15-foot side boxes. Standard cab w/A/C, tilt wheel, cruise control, am/fm radio with disc player. 3/4 rubber on good set of BF Goodrich tires, tow pkg. with brake control. Gets 18-23 MPG depending on your load. Push bumper and very handsome paint. One year paint, one year A/C compressor and 2-year trans. Overhaul, $8,500. Call Dean at (530) 945-4060 or e-mail dino@shasta.com Reg# 1265020.


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Bigge Crane and Granite work together on the Cannery Row Hotel Project in Monterey, Calif. Work began in the fall of 2006 and is scheduled to be completed in the summer of 2008.