ELECTION COMMITTEE NOTICE

See page 29 for important information regarding the election of the Election Committee Members, who will conduct the August 2012 election of Officers, Executive Board Members and Delegates and Alternates to the 38th International Union of Operating Engineers (UOE) Convention.

More than a job – more like a family
Isemoto Contracting keeps members busy, happy
We may have turned the corner

Hopefully the entire membership was able to enjoy the holidays and can look to the new year with hope. Even though we are in the industry’s slowest season, there is actually a lot of work going on (with more ahead). Despite global turmoil, federal budget-committee failure and a market-economy that is as unpredictable as the weather, most reports indicate our industry has finally turned the corner.

End-of-year (2011) data showed that U.S. factories grew in October at the fastest pace since June, while construction-spending increases occurred for the third straight month into November. Factories continued to grow, applications for building permits rose and the economy developed some momentum, meaning fears of a double-dip recession are lessening. However, we are by no means where we’d like to be. Just like you tell your kids at Christmas time, “You can’t always get what you want.”

At the time of this writing, I cannot predict the way our funds will end up for the last quarter of 2011, especially with the way the market has been acting in response to Greece and our own government’s inability to fix some things, but I can say that the information I do have regarding our specific work picture is positive.

Ongoing projects you can read about this month include the huge Caldecott Tunnel breakthrough in District 20 (our own operator manned the roadheader that made the final bore through the Berkeley Hills from Oakland to Orinda), a revolutionary mill and paver machine that our members are operating in District 90 and plenty of port-related work in District 30. You can also read about pro-union Isemoto Contracting in San Francisco (see the Fairfield District Report for photos) and District 80’s bike-build event co-sponsored by signatory Antrak (see the back page). Every year, despite tough times, our members continue to find ways to give to those less fortunate. For this, we commend you.

I also want to commend the membership for being informed. I’ve heard from some of our agents in the field that members are asking lots of questions about the upcoming presidential election and the status of important legislation, including funding for High-Speed Rail (HSR).

As you know, this year is one of the most critical years for our industry – there is much at stake in terms of the necessary Surface Transportation Bill (set to be voted on in the next few months) and approved funding for HSR after its business plan was published (see page 18 for an in-depth rundown of what HSR means for this union). There are also lots of congressional seats throughout our jurisdiction coming open, we’ll vote on who becomes our nation’s president and we have to continue to thwart the ongoing attacks throughout our country on prevailing wage (see Political Director Mark Kyle’s column for more information on this).

For those of you asking the questions, thank you. Keep reading your Engineers News every month for plenty of answers regarding political recommendations, ongoing legislation, HSR and important meetings. As a union, we must continue to seek information and get the right answers. I want to emphasize the word right, because there are a lot of rumors circulating that are not always accurate. Please stay in contact with your district’s hall or your business agent and attend every union meeting you can this year. Our jobs depend on your involvement and your knowledge.

Your positive attitude and participation will help you not only on the jobsite but in strengthening your union now, throughout 2012 and beyond. I look forward to seeing you soon.
Be part of the solution: Get involved

Here we are – 2012. Hopefully everyone had a pleasant holiday. As of this writing, Ohio’s voting public rejected the governor’s non-union agenda and voted back in the right to organize and bargain. We need to take some lessons from the Ohio folk who organized themselves and fought the agenda of anti-union politicians. The whole labor movement owes them a debt of gratitude for winning the battle.

While this is a victory, the assaults keep coming. We might think we are safe in our jurisdictional states, but we are not. We must always be on guard. Union density is at an all-time low, so let us all be diligent to keep what we have and continue to make it better by getting involved in our union and in state and local politics. Our union’s forefathers made this union great. We must carry out their ideas by continuing that tradition of greatness by winning battles for labor.

There are plenty of battles ahead. Health-care issues will continue to be the main focus this year nationally and within our own organization. We can only control so much on an individual level, but one way is by making the effort to take care of ourselves. Get a free, complete physical by signing up with the Preventive Care Program, which applies to all California active and retired members enrolled in the Comprehensive Medical Plan. It takes about three hours, and then you get a complete analysis of your tests. Studies show that preventive care can take a big bite out of medical issues, such as high blood pressure, cholesterol, diabetes and some cancers. Also, every member and spouse enrolled in the program will save $250 each toward their deductibles.

On the national front, the Affordable Care Act (health-care reform) is supposed to go to the Supreme Court to determine if it’s legal or not. Whatever the decision, I think we can all agree something needs to happen to curb health-care costs. As a nation, we can’t sustain these increases.

The average increase these past few years for our health-care costs has been about 10 percent. The Northern California Master Agreement medical rate is currently $9.44 per hour plus $2.14 per hour for Retirees (that’s a total of $11.58). Add this to the 10 percent increase, and you get a whopping $12.24 devoted to health care per hour. At what point do we say enough? I think that point is now.

As you know, we have had to make changes to our Health and Welfare Plan to keep it solvent. However, because we made these difficult changes, we were able to maintain one of the best medical plans available. Hopefully the medical industry, Congress, the Supreme Court and elected officials will have common sense enough this year and in the future to show some compassion for the middle class. Until then, all we can do is take care of ourselves.

At the time of this writing, the Super Committee in Washington, D.C. that was supposed to come up with solutions to control our national debt is not proving very successful. To us with common sense, the answer is not that difficult: Infrastructure investment (waste-water systems, tunnels, bridges, roads, power, water and High-Speed Rail). When you have no construction, the country does not grow. Without construction, no new taxes are generated to help fund projects for cities, counties and states. People don’t spend money on new cars, gas, clothes, etc. if they aren’t working. It’s simple. What happened to all the great jobs that were supposed to help put us back to work? The “BS” talk needs to go away. That is why I get so upset with politicians. We need substance; elected representatives need to quit talking about it and just do it. I take my hat off to the 99 percent of the Occupy Movement, who at least are trying to do something.

As I’ve mentioned before, this year in politics is going to be crazy, as this particular election year will be like no other. I’ll be 58 years old in June and have been paying attention to politics for about 35 of those years, and we are in a mess. From the gridlock in Washington, D.C. and the Wall Street crowd, to Europe being upside down, our soldiers fighting wars and the medical industry taking advantage of us at every opportunity; this election will define what we stand for and who we are for generations. So let’s all get involved and be part of the solution.

To my brothers and sisters in Hawaii: Han’oli Makahiki Hou – happy New Year’s!
The Port of Stockton is the largest inland port on the West Coast and the third largest port in California. Because of its location, it can access cargo by truck, train and vessel, so you can only imagine the amount of traffic surrounding it.

In an effort to alleviate some of this congestion, Teichert is working on a two-year, $5.3 million grade-separation project to take some of the truck traffic out of the equation.

Operators finished the first part of the project late last fall, building two-lane approach ramps to Daggett Road off Hwy. 4, which will allow trucks to bypass the Boggs Tract subdivision through a “back-door entrance” to the port, explained Business Rep. Steve Lopez. The route will eventually go over the Burlington Northern Santa Fe (BNSF) railroad tracks and tie into a bridge on the southwest side of the port.

Subcontractor MCM is working through the winter to build the bridge. Operators are currently driving pile and will soon start on the falsework. Teichert will return in the spring to provide curb concrete and asphalt on the approach ramps.

Operators help relieve traffic congestion surrounding Port of Stockton

With help from Dozer Operator Ken Thomason Jr., Excavator Operator Dan Butler loads dirt that will be hauled from Teichert’s extraction site to the company’s grade-separation project off Hwy. 4.

Blade Operator Levi German follows Compactor Operator Mike Garcia on a Daggett Road approach.

Sweeper Operator Kyle Quilici dumps dirt he’s cleaned off the nearby roadways.
Other port-related work

While Teichert and MCM work on the future of the Port of Stockton (at left), Dutra is working with its past.

The Port of Stockton has been in operation since the early 1930s, and to keep it running, it must be dredged regularly. Over the last several years, about 10 to 12 feet of this dredged material has built up, and now Dutra is putting it to good use.

“We’re taking the dredging soils to tow fills,” explained Dutra Foreman Craig Costa, where the soils will eventually be used to repair the levees. “Otherwise, this dirt would be sitting there forever. We’re kind of being ‘green’ about it.”

Costa and about 11 other Local 3 members are working at Roberts Island, where the crew is moving about 10,000 tons of this dirt and, via special “recipe,” turning it into sand, clay or sandy silt. Then, it is being shipped by barge to off-load sites around the Delta, where at least another 14 members with Dutra are using it to repair the levees. Though work will stop when the rain comes, it’s expected to pick up steam again in the spring.

“We should be adding a few more [operators],” Costa said. “It’s a win-win situation.”
Stock market is volatile, but union stays strong

Watching the stock market lately is like watching Charlie Sheen – one day it's on a high note, and the next day, it's reaching new lows.

The volatility of the stock market can be scary, especially if you watch it like we do. It is the numeric value of current emotions. And with the global economy's struggles, these emotions are all over the place. Just look at how Greece, France, Italy and the rest of the European nations have affected the U.S. economy.

I realize that it's easier said than done, but please try not to get too wrapped up in it all. The stock market is simply a snapshot in time. For example, at the end of the first two quarters (June), we were up approximately 6.5 percent. By the end of the third quarter, we were flat. The market only tells you where things stand at an exact moment. And for Local 3, the numbers that really matter are those on Dec. 31, when our fiscal year comes to an end. It's important to keep the market's highs and lows in perspective. Local 3 has some of the best money managers in the business – we've made sure of that.

It's also good to remember that while we can't control the market, we're not completely helpless in all of this. Our funds (all of them) depend on two things – investment returns and work hours. Fortunately for us right now, our work hours are up, and we've been busy trying to create new jobs to put even more people back to work through politics. We realize that not everyone enjoys politics, but it's extremely important, especially for the construction industry. We rely on funding and support when it comes to projects like High-Speed Rail (HSR), which you can read about in detail this month on page 18. This project could create thousands of jobs for our members; we just need people in office who support it.

You can help by getting involved in our Voice of the Engineer (VOTE) program. We've tried to make it as user-friendly as possible for you, so call your hall to find out what you can do.

As far as the market goes, at the time of this writing, all I know is what it did yesterday. I'll have a better idea of where we'll end up for 2011 next month, and we'll publish our results as usual in the Engineers News. Until then, please don't stress. This great local has weathered many recessions in the past and has remained strong for more than 70 years.

SCPD picket line grows stronger

Mayor, local police show support

As of Dec. 1, Local 3 members formerly employed by the Santa Cruz Port District (SCPD) are still locked out. The union continues to fight hard against anti-union Port Director Lisa Ekers and the elected commissioners who hired her, urging them to end the war on these skilled workers.

Local 3’s legal case is moving forward, and the union's picket line recently got stronger with the addition of “Scabby the Rat,” the notorious presence of union action! Scabby did his job by bringing attention to the picket line. Everyone, from the SCPD Police and the local Sheriff’s Department to Santa Cruz Mayor Ryan Coonerty, visited the line. Coonerty even pledged to issue a letter of support for our cause. With all of the positive response, it looks like Scabby will be a permanent fixture on our line. Let's hope that all of the added pressure will help get the dredging crew back to work keeping the port safe as they have for more than 25 years.

What can you do to help them? Join the picket line every Tuesday (call Director of Safety/Dredging Rep. Dave Harrison for details at (707) 249-1541), and call the SCPD commissioners at (831) 475-6161 and tell them to stop the madness and the attacks on local workers.

From left: Dredge Capt. Jim Riley and Santa Cruz Mayor Ryan Coonerty, who showed support for the crew by visiting the line last month.

Unit 12

Constraints in state negotiations

The Ralph C. Dills Act governs contract negotiations with the state of California and gave collective bargaining to state employees.

The scope of representation (also known as the scope of bargaining) is “limited to wages, hours and other terms and conditions of employment, except however, that the scope of representation shall not include consideration of the merits, necessity or organization of any service or activity provided by law or executive order.”

Terms and conditions of employment have been interpreted to include, among other topics, health and welfare benefits, vehicle and transportation expenses, work hours, transfer and reassignment policies and organizational security issues. However, many terms and conditions of employment are governed by state statute. As a result, those terms and conditions under the control of the State Personnel Board cannot be grieved or arbitrated. Also, certain government codes prohibit unions from offering certain benefits to members.

For these reasons, misconceptions exist concerning terms and conditions of employment (Department of Personnel Administration) versus the merit system, such as in examinations, promotions, appeal hearings and civil-rights programs (State Personnel Board).

One misconception is that a Permanent-Intermittent employee, also called a PI, should be able to post and bid to full-time status as a PI works 1,500 hours. If the PI or she automatically becomes Permanent, Full Time (PFT). A PI is appointed from a certification list only for PIs. If there is no hiring or promotional freeze, a candidate reachable on a PFT certification can be appointed as a PFT employee. However, if a candidate is appointed a PI and is not reachable on the PFT certification list, provided no hiring freeze exists, that PI must work a minimum of 1,920 hours during a two-year period. Then the PI is eligible to have a time-base change to PFT without appointment into a certification list. A PI does not automatically become PFT after working 1,500 hours.

Many have asked why Operating Engineers Local 3 does not offer health benefits to Unit 12 members. Government codes 22751-22756, also known as Public Employees’ Medical and Hospital Care Act (PEMHCA), provides that only the Public Employees’ Retirement System (PERS) can provide health benefits to state employees. Local 3 filed with the Public Employment Relations Board (PERB) in an attempt to change this government code, but the PERB ruled against Local 3.

These are just two examples of constraints placed upon unions in the negotiating process with the state of California.

It is now time to start negotiating for the July 1, 2012 agreement.

Enjoy the state parks and the many other adventures in our great state of California. Slow for the Cone Zone, and Move Over. It’s the Law.
Looking at Labor
By Pete Figueiredo, treasurer

Let’s prioritize

As we begin the new year, it is common practice to survey the challenges ahead, prioritize our needs and wants and set goals to address those priorities. One issue that has been of great concern to our union, and the thousands of members who are participants, is our Pension Plan.

This has been a subject of mixed emotions, mainly comfort, stress, frustration and confusion. Comfort, because the Plan has provided rock-solid benefits to every eligible Retiree since its inception. Stress comes into play, as participants who are counting on the Plan to sustain them for the rest of their lives learn funding of our Plan has been a challenge over the last several years. Frustration typically materializes when individuals realize their limited control of the overall situation. Confusion is common because the rules that govern pension plans and the formulas used to calculate them are very complicated and difficult to understand. These rules and regulations have also have subject to the ebb and flow of politics in Washington, D.C., and that equates to changes in regulations and/or their interpretations, which translates into inconsistency and uncertainty for the participants.

To lessen the stress, keep reading your Engineers Netzes, because we officers discuss many important things here. This year, I personally plan to cover:

- Important terms, phrases and language used in the retirement-plan world
- A general understanding of how our benefits are accrued and calculated
- Important differences between ours and other types of retirement plans
- Common misunderstandings and misinterpretations
- A general history of our Plan from inception to the present
- Important changes that have occurred over the years
- Resources that you can use to learn more about your Pension Plan and your personal retirement benefits

Look for these here, starting next month!

Operating Engineers Local 3 Scholarship Foundation*
CASH Analysis as of Oct. 31, 2011

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Investment Analysis as of Oct. 31, 2011

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Operating Engineers Local 3 Community Service Fund*
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*Disclaimer: Both the Operating Engineers Local 3 Scholarship Foundation and the Operating Engineers Community Service Fund are IRS registered 501(c)(3) charitable organizations that have independent Boards of Directors. The union does not control either charitable organization. The union cannot access or use the monies controlled by these independent boards. These independent boards can only use the monies shown for activities in furtherance of charitable purposes.
Fear, frustration and anger

Public employees have been under attack now for more than two years. Ever since the 2008 economic bubble burst, public employees have been blamed. It doesn't matter that the major causes came from the private sector, such as Wall Street, banks and mortgage institutions.

Because of this outcry, most public jurisdictions have gone after public employees' retirement and health benefits and sought to reduce salaries through layoffs, furloughs and hourly wage deductions. As a result, our union brothers and sisters have lost their jobs, their benefits and even their homes.

During the last couple of years, most governing bodies have chosen to go for what they can get, instead of what is needed. This has been the case not only locally but across the country, as in Wisconsin, Ohio and Georgia.

In meeting with the membership in different jurisdictions, I see the same fear, frustration and anger everywhere. For instance, members working for the city of San Jose have had to endure attacks for several years because of Mayor Chuck Reed's position.

The same situation is occurring a few miles away for our members in Fremont. Because of the hard work of the city staff, Local 3 and its dedicated membership, labor relations have gone from contentious to excellent during the past 10 years. This year, however, due to the city's stance and bad-faith bargaining, labor relations have gone back to being contentious. Members are fearful, frustrated and angry.

The same look of fear, frustration and anger is on the faces of members working for Alameda County, as they have also had to endure cuts.

That fear, frustration and anger does not only reside in public employees, but it is now evident within the general public. We all have seen the news regarding the Occupy Movement. The people involved in this are as frustrated with the system as we are and have gone to the streets to voice their displeasure.

The streets are not the only place where these injustices are being fought. Two Wisconsin Republican legislators were recently recalled because of the people's displeasure with their anti-union tactics. Anti-union Wisconsin Gov. Scott Walker is also in jeopardy – recall petitions have already circulated about him. In Ohio, voters soundly defeated the attack on public-employee bargaining rights.

There may be a light at the end of the tunnel, even though it may not be very bright right now. During an economic downturn, the private industry is usually 12 to 18 months ahead of public employment. Recovery is the same. We are currently seeing economic improvement in the private sector, so if history has taught us anything, the public sector is not far behind.

Yes, this has been one of the worst economic downturns we have suffered in years. The constant barrage has taken its toll, but do not let the fear, frustration and anger get the best of you. As a union, we must stick together and not turn on each other. Help those who have been hit harder than you have, because one of these days, times are going to be better, and we will be working side-by-side again.
Let's hope 2012 is an economic turnaround

By Mike Minton, business representative

By the time you read this, the holiday season will have passed, and we will all be back to work, trying to manage an almost unmanageable economy. I hope all of you had a wonderful Thanksgiving and a merry Christmas. I also hope we all have a prosperous new year.

Things have flip-flopped from what I last reported with two of my District 60 public employee units. Representatives from the Housing Authority of the County of Butte apparently realized they were crossing a line in how they were conducting what they called “negotiations.” Their attitude of “take this or else” while presenting nothing but takeaways was not working, and they were close to having a Public Employment Relations Board (PERB) complaint filed against them. The only reason it wasn’t filed was because the hard-working and loyal employees wanted to try to work out the issues one last time. Fortunately, the representatives turned their tactics around and apologized. We were able to reach an agreement that both sides could live with.

I would like to give a very sincere thank you to shop stewards Doug DeSoto, Angel McCurdy and Pam Weaver for their hard work, dedication and professional demeanor. Without these three individuals, the end result would have been much worse for not only the employees but the Housing Authority. Good job!

Speaking of how things can suddenly turn, and in this case, for the worse, we have a situation with the Olivehurst Public Utilities District (OPUD). We started negotiations with positive attitudes on both sides, and it appeared we would have a contract both sides could be happy with. The employees were even getting a 3 percent Cost-Of-Living Assessment (COLA) increase that included medical and Pension-benefit increases. We were all ready to sign on the dotted line when the general manager slipped some language in the completed document that changed a benefit, sick-time accrual and a uniform policy to the detriment of the employees. These issues were never brought up during negotiations. The general manager thought he could make unilateral changes to an existing contract without any concern for the necessary process. We’re not sure how this will play out, but my guess is that we will be filing a PERB complaint against the employer for an Unfair Labor Practice (ULP) and regressive bargaining.

Again, I hope we all have a prosperous new year and that 2012 is the year of the economic turnaround.

Managing whatever comes

By Bill Pope, business representative

More and more, cities and counties are utilizing a different kind of “cost-saving measure.” They have realized that when they terminate an employee, they don’t incur any unemployment costs and actually reduce their medical costs.

Typically, the terminated member has many years of service and is entitled to additional accrued benefits. After terminating a veteran employee, cities and counties can hire someone else for less pay or contract-out services.

In the last year or so, I have represented members who were terminated for misconduct that used to result in suspension, demotion or reduction in pay.

The easiest way to prevent cities and counties from doing this is for members to do their jobs and get to work on time.

Public Employees are the best at what they do, and if there is any misconduct, it should be dealt with fairly: How many years of service does the member have? How severe was the misconduct?

The public employment world is changing, and we must manage whatever changes may come.

The due process of discipline

By Fred Klingel, business representative

The last several months have shown an increase in disciplinary actions against our members. It seems these new-style managers have nothing better to do than flex their muscles to show you that they are the bosses: Management by intimidation.

Some interesting things come to light in the disciplinary process, and I have some important advice for those who have been or may get disciplined in the future. How can your union representatives help you when your supervisor is after your hide and you fail to contact us to ensure you don’t get screwed? Contact your union rep. when you get called into the supervisor’s office to discuss something that happened while you were at work or even off-duty. There is an old saying: “If the boss calls you into his office and he doesn’t want to talk about fishing, then he is fishing for your job.” This applies! I have had several members who finally made that call for help, because they were about to be terminated. The incidents weren’t that bad, but they were the straw that broke the camel’s back. After reading the Notice of Intent to Discipline, I found that there were previous incidents of disciplinary action that the member handled without help, and this is a problem.

Those incidents went from an oral counseling; to a documented oral counseling; to a written reprimand; to days on the beach; and finally to a termination. If there is any possibility that you could receive some sort of discipline, ask for your union rep.

You have a right to procedural due process; it is guaranteed to you by the California and U.S. Constitution. Public employers are required to provide their employees with due process and cannot deprive them of their property interests.

As a public employee, you have a property interest in your job and therefore are entitled to a pre-deprivation hearing prior to losing your job or suffering a reduction in pay – hence the Skelly Hearing from the case of Skelly versus the California State Personnel Board. The right to due process comes from the Fifth Amendment and the 14th Amendment of the U.S Constitution, which extends this protection with “nor shall any person … be deprived of life, liberty, or property, without due process, against like actions by the State.”

Article I, Secs. 7 (a) and 15 of the California Constitution provides that “a person may not be deprived of life, liberty, or property without due process.”

Please be aware: When actions against you are being brought forth, call your union rep. and get him or her involved from the beginning, no matter how minor.

There are always a few discrepancies: Members in Public Safety have the right to have representation under the Police Officers’ Bill of Rights (Firefighters’ Bill of Rights), and the employer must inform them of that right, but Miscellaneous Employees must request representation under what is called the Weingarten Rights, and the employer does not have to inform them of that.

Always ask: “Can I be disciplined for this?” Then say: “I want my union rep.”
Strength in numbers

As we enter our 48th year, the Operating Engineers Federal Credit Union (OEFCU) is proud that despite the economic climate in 2011, we finished the year strong. We are well-capitalized at 13 percent, which is considerably higher than the 9.9 percent average for other financial institutions and the 8 percent standard set by the National Credit Union Administration (NCUA). As we enter 2012, we have a solid foundation. Therefore, you can trust us not only as the financial institution where your vacation pay is sent but as a full-service financial partner for you and your family.

There are many great things on the horizon at OEFCU this year, and one of the first is something that we’re not planning to change at all – our debit-card fees. Unlike a lot of banks, OEFCU has no plans to charge a monthly fee for debit-card usage, so our checking accounts are truly free. In addition, our checking-account holders gain access to free, convenient services like online banking, online bill payment, direct deposit, eStatements and more than 28,000 surcharge-free ATMs nationwide. Compare us to a lot of big banks, and you’ll be pleased to find that we have better checking features than most, making this a great time to move your checking account to OEFCU.

With all of the convenient eServices included in our checking accounts, we ensure that data-security levels are high. You can trust that the information available through these channels is encrypted with the latest security technology, so your private information stays private. We follow those protocols with our existing information channels, as well as with added channels that make banking with us even more convenient. Our new text-banking is a great example of this. With free text-banking, you can access your account information from a cell phone, even if you don’t have Internet capability, and your information is always secure. Visit www.oefcu.org to learn more.

As we add new products and services and enhance existing ones, we make sure to keep our membership in mind. We continually strive to provide the solid financial products and advice our members need to build a positive financial future for themselves and their families. It is because of our members that we have kept our foundation strong through the last 47 years, and it is because of our members that we will be able to continue our tradition of stellar service and great products into the future.

Let us help you fulfill your financial needs. Our caring staff will answer any of your banking questions. Not only do you have OEFCU in your corner, but your family does as well! Each member of your immediate family can join OEFCU and reap the benefits of membership. Visit www.oefcu.org for membership and product information, or call (800) 877-4444 to speak to a member-service representative.

Happy New Year!

Start the year off right with a FREE Checking Account from OEFCU.

- Free Direct Deposit
- Free Online Banking
- Free Debit Card
- Earn Dividends*
- Free Mobile Banking, Alerts, & Text Banking**
- Free Access to Over 28,000 ATMs Nationwide
- Free Online Bill Pay
- Benefits Exclusive to Credit Union Members
- Plus Much More...

Wishing you and your family a safe and prosperous new year!

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*You must maintain an average daily balance of $2,500 to earn the disclosed Annual Percentage Yield. **OEFCU does not charge fees to use OEFCU Mobile Banking, Alerts, or Text Banking; however, your wireless provider may charge additional fees for airtime and/or internet access. Standard text message rates do apply for the Text Banking service. Contact your wireless service provider to get additional information on their applicable fees to avoid unexpected charges. Some wireless providers, such as Metro PCS and Cricket are not supported. Check with your wireless provider prior to enrolling.
It’s a small cold-in-place recycling job in numbers. A 2.12-mile-long stretch of Monterey Road (from Blossom Hill Road to Bernal Road) in San Jose is getting re-paved at a cost of $1.5 million. But on the jobsite, big things are happening. Instead of the usual barrage of trucks dumping new materials and removing old ones, there is just one solo milling machine and a few rollers.

After purchasing the 3800 CR from Wirtgen America Inc., Fonseca/McElroy Grinding (FMG) can now pave roads without any materials added or removed. The machine reuses the existing pavement layer using a specially designed mix of cement, oil and water. This means there is no extra costs to drive trucks in or purchase materials, and there is less traffic disruption.

“It’s like a portable batch plant,” said Morgan Hill Business Rep. Al Sousa. The 3800 is the “only one in the West Coast, west of the Rockies,” said Operator Wade Trotter, who was sent to Virginia to learn how to operate it. Besides this job, the equipment has only been used on a handful of others.

“It [the 3800] is based off the mill. Same principle, but it's a mill and paver,” Trotter said. “This is a phenomenal process. Personally, I think it’s the way to go, the future.”

The 3800 paves a full lane, 12.6 feet wide, in one pass without leaving any joints or scars and can process up to 20,000 tons of asphalt in place (600 tons an hour). Average asphalt plants process up to 300 tons.

After the pass is made with the 3800, rollers with Pavex, a division of Graniterock, will provide the overlay by compacting the processed materials and finishing it with a rubberized asphalt.

Because of the new system, everyone is getting used to different processes. “It’s a learning curve,” said Graniterock Foreman Ron Perez – one that is cost-effective.

“We saved the taxpayer more than $400,000 [on this job] over conventional paving methods,” said FMG co-owner Mike McElroy, who saw the machine displayed this year at a Conexpo-Con/Ag event. “We are very pleased with it. FMG is creating jobs and going green. With the savings to the city, other jobs will be created.”

FMG’s crew includes Foreman Mike Matteis and screed operators Phillip Trites and Ernesto Solis, who were selected based on their experience in batch plants.

Wirtgen 3800 by the numbers:
- Offers ability to cold-in-place recycle a full-lane in one pass
- Pulverizes existing material with automatic depth controls
- Stabilizes with foamed asphalts or any other stabilizer
- Uses a computerized formula to determine how much oil, cement and water to mix
- Serves as a full-lane cold mill with conveyor
- Immediately places reclaimed pavement during a pass without needing an additional paver

For instance, Trites was a plant engineer. The San Jose job was his first time as a screedman for the 3800. Even though the crew is new, according to Wirtgen America Service Engineer Matt White: “This is the best crew that I've worked with. They get in there and do it.” This makes his job easier, as he is responsible for training the team to be one, cohesive unit.

White hopes to see the machine flourish in compact cities, where haul trucks and long parades of paving equipment can be a logistical nightmare. “By next year, this process will be solid,” said Trotter.

The repaired roadway definitely is!
Operating Engineers have excellent Health and Welfare Plans in each of our four states. Retirees have a separate Health and Welfare Plan that is equally excellent, but this month, we are focusing on the eligibility provisions of our California active Health and Welfare Plan.

**When am I eligible?**

Hourly employees will become eligible for benefits on the first day of the calendar month after contributing employers report at least 360 hours during a period of three consecutive months or less. For example, if you work 120 hours in July, 110 hours in August and 130 hours in September, your eligibility would start Oct. 1.

**How does your hour bank work?**

Hour banks allow active members covered under the Operating Engineers Health and Welfare Trust Fund to continue coverage for themselves and their families at no additional cost during the off-season. Members can accumulate up to 990 hours (1,320 hours for members who established eligibility prior to July 1992) of coverage.

Once eligibility is established, maintaining your benefits requires 120 hours per month for most contracts. Any hours worked in excess of 120 hours are stored in your hour bank. For months in which you work less than 120 hours, hours are drawn from your hour bank to make up the difference.

The hour-bank example below is for California, after initial eligibility is established:

<table>
<thead>
<tr>
<th>Work Month</th>
<th>Hours Reported</th>
<th>Eligibility Month</th>
<th>Hours Required for Eligibility</th>
<th>Hours Applied/Deducted from Hour Bank</th>
<th>Hour Bank Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>June</td>
<td>180</td>
<td>August</td>
<td>120</td>
<td>+60</td>
<td>60</td>
</tr>
<tr>
<td>July</td>
<td>200</td>
<td>September</td>
<td>120</td>
<td>+80</td>
<td>140</td>
</tr>
<tr>
<td>August</td>
<td>20</td>
<td>October</td>
<td>120</td>
<td>-100</td>
<td>40</td>
</tr>
<tr>
<td>September</td>
<td>40</td>
<td>Not Eligible*</td>
<td>120</td>
<td>+40</td>
<td>80</td>
</tr>
<tr>
<td>October</td>
<td>170</td>
<td>December</td>
<td>120</td>
<td>+50</td>
<td>130</td>
</tr>
<tr>
<td>November</td>
<td>0</td>
<td>January</td>
<td>120</td>
<td>-120</td>
<td>10</td>
</tr>
<tr>
<td>December</td>
<td>120</td>
<td>February</td>
<td>120</td>
<td>0</td>
<td>10</td>
</tr>
</tbody>
</table>

*insufficient hours for November eligibility

The plans in Nevada, Utah and Hawaii have their own provisions and rules. Be sure to contact the Fringe Benefits Office in your state to check your eligibility or get information regarding your Plan rules.

California: (800) 532-2105
Hawaii: (800) 660-9126
Nevada: (775) 857-4440
Utah: (801) 596-2677

**Pre-Retirement Meetings**

The Pre-Retirement Meetings begin this month. Participants 50 years of age and over will receive a postcard reminder of the meeting in their area, though participants of any age are welcome to attend. We encourage you and your spouse to attend this meeting to familiarize yourselves with all aspects of your retirement benefits. These benefits have a direct bearing on your financial security and deserve your attention. Please check the schedule below.

**ALL MEETINGS CONVENE AT 7 P.M.**

**WATSONVILLE**
Tuesday, Jan. 3
VFW Post 1716
1960 Freedom Blvd.
Freedom, CA

**MORGAN HILL**
Wednesday, Jan. 4
Operating Engineers’ Building
325 Digital Drive

**EUREKA**
Tuesday, Jan. 10
Best Western Bayshore Inn
3500 Broadway St.

**REDDING**
Wednesday, Jan. 11
Operating Engineers’ Building
20308 Engineers Lane

**YUBA CITY**
Thursday, Jan. 12
Hampton Inn
1375 Sunsweet Blvd.

**BURLINGAME**
Tuesday, Jan. 17
Transport Workers Union Hall
1521 Rollins Road

**NOVATO**
Wednesday, Jan. 18
Novato Oaks Inn – Redwood Room
215 Alameda Del Prado

**SACRAMENTO**
Wednesday, Jan. 25
Operating Engineers’ Building
3920 Lemhone Drive

**AUBURN**
Thursday, Jan. 26
Auburn Recreation Center – Lakeside Room
3770 Richardson Drive

**FAIRFIELD**
Tuesday, Jan. 31
Hampton Inn
2 Harbor Center
Suisun City, CA

**ROHNERT PARK**
Wednesday, Feb. 1
Operating Engineers’ Building
6225 State Farm Drive

**FRESNO**
Tuesday, Feb. 7
Operating Engineers’ Building
4856 N Cedar Ave.

**STOCKTON**
Wednesday, Feb. 8
Operating Engineers’ Building
1916 N. Broadway Ave.

**CONCORD**
Wednesday, Feb. 15
Centre Concord
5298 Clayton Road

**OAKLAND**
Thursday, Feb. 16
Operating Engineers’ Building
1620 South Loop Road
Alameda, CA

**RENO**
Tuesday, Feb. 21
Operating Engineers’ Building
1290 Corporate Blvd.

**SALT LAKE CITY**
Wednesday, Feb. 22
IBEW Local 354
3400 W. 2100 S.
Retiree an international man of land and sea
Story by Mandy McMillen, managing editor

There's a reason that Johnny Cash song “I've been everywhere” was and is so popular. It speaks to the human need for adventure in a humorous way. At the song's end, you can't take Cash seriously (that he's really been to so many off-the-wall places, like Bangor, Salvador and Amarlo), but it starts you thinking about traveling. Well, Retiree Larry Harrison could re-write that song, because he didn't just think about traveling, he actually did it – all over the world.

In the span of about 10 years, Harrison, 69, met the love of his life, Laura (1998); toured 8,000 miles with her on his 1982 Sportster that was flown into London, England and then driven through 17 European countries, including England, Sweden, Ireland and Scotland (1999); moved from Vallejo to his current farm in Mount Aukum, Calif. (2000); married Laura (2001); and toured internationally with her again via a Harley ’99 Police Special, which was brought over to Frankfurt, Germany and driven through Europe and as far east as Russia, where he was temporarily jailed after his Visa expired (2006). Whew! Now, if his “retiree” lifestyle doesn’t wear you out, his life as an “active” Operating Engineer just might.

Harrison has been riding motorcycles since he was 13 years old and has owned and built all kinds (Honda's, Triumphs, etc.), but when Harley came out with a map of a European tour in 1999, he started thinking about doing a major trip by shipping his bike to Europe and just riding it wherever he wanted to go. He toured cross-country when he was stationed overseas in Germany in 1959, so he knew the territory. When Laura expressed interest in such a trip, they planned it and eventually planned a wedding. According to Harrison, the best way to get to know someone is to spend months traveling with them on the back of your Harley!

While Harrison's worldly lifestyle seems romantic (“I've lived all over and traveled all my life,” he said), he had a humble beginning. He was born in middle America (Omaha, Neb.) and raised in Counsel Bluffs, Iowa. These places did not have quite the same draw as his later travel destinations did.

For instance, his time in Hawaii in the early '90s as a diver (working as a pile-driver) re-doing the breakwater in Hanalei Bay solidified his love of water and construction. When he moved to California in 1994, he joined Local 3 and began running equipment on barges, mostly lattice-boom cranes. He also worked on the San Mateo Bridge.

With all of his travels, clearly Harrison's retirement has not been one of luxury, but this is the way he likes it. It has been “fantastic,” he said. “I missed my work, ships, etc.” To fill the void, he stays busy riding his Harley literally all over the world and meeting interesting people along the way.

“Most people [abroad] are just like us. They want to make a living for their families, be able to put food on the table but still have enjoyment,” Harrison said. “They are happy to see us; it’s a treat for them to see Americans.”

When he is not touring internationally, Laura keeps him busy on their farm in Mount Aukum.

“He goes above and beyond the call of duty when I order him around the house,” she said. “He can help with anything and operate anything.”

For a man who has “been everywhere” and seems to be able to do anything, this doesn’t surprise us.
Educating students for success in a changing world

For two days last October, the Operating Engineers Rancho Murieta Training Center (RMTC) staff, apprenticeship coordinators and apprentices from the Sacramento and Fairfield districts participated in a career fair sponsored by Linking Education and Economic Development (LEED). Eighteen sponsor partners also participated, including Associated General Contractors (AGC) of California, C.C. Myers, Inc., Teichert Construction and Granite Construction.

The career fair was designed to educate students on how to build a future in the construction industry and included more than 180 booths that gave them the opportunity to work with their hands as a skilled laborer, work with budgets and numbers as a project accountant and see what it was like to build roads, bridges, schools and other important structures.

It was one of the largest career-exploration events of its kind held in Northern California, as more than 5,500 students attended from the six-county Sacramento region.

Winter California Hazwoper safety training schedule

To sign up for the California eight-hour Hazwoper refresher, call the district office where the class is being held. All classes start at 7:30 a.m.

- **Morgan Hill**: Saturday, Jan. 7
- **Rohnert Park**: Saturday, Jan. 14
- **Redding**: Wednesday, Jan. 18
- **Alameda (Oakland District)**: Saturday, Jan. 28
- **Alameda (Oakland District)**: Wednesday, Feb. 1
- **Stockton**: Saturday, Feb. 4
- **Morgan Hill**: Wednesday, Feb. 8
- **Eureka**: Friday, Feb. 17
- **Sacramento**: Saturday, Feb. 18
- **Fresno**: Saturday, Feb. 25
- **Alameda (Oakland District)**: Saturday, March 3
Members log unexpected hours on Sankey Road Canal

Story and photos by Mandy McMillen, managing editor

It’s not that members employed by Teichert Construction on the Sankey Road Canal job aren’t serious about their work – they are. But they’re also just plain giddy to be working 6-10s in the middle of winter, when most have usually been on the out-of-work list for weeks. Step onto the jobsite, and you’d think it was June with all the activity and nearly every craft represented.

Teichert Foreman Frank Sakurada has been onsite since September. His crew is working to make the Sankey Canal operational as part of the American Basin Fish Screen and Habitat Improvement Project. Sakurada predicts the project will be finished by the end of 2012, but when *Engineers News* caught up with crews last month, a few short weeks before Christmas, no one could believe they were working then.

“This job has been a lot of good work,” said Compactor Operator Willie Raycraft. And the job will continue to be, as long as weather permits it.

For member Justin Williams, with Construction Testing Services (CTS), his business really is the weather, since he keeps track of the soil composition, and when it gets too wet, work is impossible. But in mid December, operators wore light jackets and squinted in the sunlight, happily counting the days worked in disbelief.

“These are just extra hours for me,” said Williams. “I got the hours I needed for this year. This was unexpected.”

Dozer Operator Andy Rorie shared his enthusiasm: “I am thankful for this weather. I love this job. I mean, who is working in December?”

The only other question remained: “How am I going to have time to get my Christmas shopping done?” asked Compactor Operator Allen Beauchamp.

We’re hoping he did it online, and we’re also hoping that this month, Teichert crews are still logging the good hours unexpectedly!

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We’re hoping he did it online, and we’re also hoping that this month, Teichert crews are still logging the good hours unexpectedly!
For Isemoto Contracting President Leslie Isemoto, overseeing the signatory company truly is a family affair, since his grandfather started the company in 1926. His uncle took over managing the company in 1967 and presently serves as chairman of the board. His father served as president from 1992 until his retirement in 1997, when Leslie took the reins, making him a third-generation president.

So it would make sense that the heavy-highway/civil-construction company that currently employs 68 Operating Engineers (everything from dirt-moving operators and crane operators to gradesetters, mechanics and welders) would have such a good, family-oriented reputation. Just ask the members!

According to Gradesetter Francis Ke, a member since 2005, “Isemoto is one of the best companies I have worked for.” He works all over the Big Island. At the Kaloko housing project, 20-year member John Quinn, who has been with Isemoto for 16 years, shared this sentiment: “This is like a family that makes us feel comfortable, and that makes us want to stay.”

When six-year member Jason Egami got dispatched to the company, they kept him working and happy. “They take good care of us,” he said, while working on a local sewer plant.

Besides the family-oriented environment, another draw of the company is steady work. With two offices (the main one in Hilo and another in Kona), the company has crews all over the Big Island and shuffles members from project to project as needed.

“I was originally hired by Isemoto as a crusher operator but bounce around wherever I am needed,” said member Alfred Kihe, who has been with the company for nine years and is currently working on the Kaloko housing project.

For Dewey Matsumoto, his first job out of the Hall 11 years ago was with Isemoto on a housing project in Kukio. The job solidified his working relationship with the company.

“Toward the end of the project,” he said, “they took me to the company. They gave me a lot of opportunities there and I learned a lot there [on the project].”

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For member John Quinn, who has been with the company for 16 years, the family-oriented environment and steady work make it a great place to work.

“I learned a lot there [on the project],” he said. “They took good care of us, so I have stayed.”

Gradesetter Dwight Enriquez sets points for runway lights on the $28 million Hilo Airport project.

From left: Damien Silva moves material while Sonny Keakealani works on the final grade for a taxiway on the Hilo Airport project.

Member Hauoli Hanohano works on the WB Kukio Stroud subdivision project, which entails a half-mile of mass grading for a road and a waterline.

Welder Miles Kaichi has worked with Isemoto Contracting for 10 years.

Dozer Operator Harry Medeiros works on the storage pad for the crusher at the challenging WB Kukio Stroud subdivision.

From left: Crane Operator Maitland Akau, a 24-year member, and Oiler John Sauer, a 13-year member.

Gradesetter Dwight Enriquez sets points for runway lights on the $28 million Hilo Airport project.

From left: Damien Silva works on the storage pad for the crusher at the challenging WB Kukio Stroud subdivision.

Welder Dewey Matsumoto repairs a screed while working on a new sewer plant.
Gradesetter Francis Ke sets stakes for Dozer Operator Abraham Kihe, as crews cut a new road for the WB Kukio Stroud subdivision job that involves a steep, 20 percent grade.

Water Truck Operator Roger Uchima assists the rest of the crew on the Hilo Airport job.

Member Richard Grace loads material for the Hilo Airport project, which includes constructing a 50,000-square-yard apron and taxiways designed to support wide-body cargo aircraft.

From left: Matthew Weller, Don Carvalho and Kalima Grace install 14 miles of waterlines in Kamuela as part of the Hawaiian Homes project.

They keep us busy,” said member Hauoli Hanohano, who is currently working on the WB Kukio Stroud subdivision.

Though work is steady, the economic recession has certainly affected the company that employed 171 members during the construction boom in 2006. But for Leslie Isemoto, the ups and downs of construction are just part of the job, and this job is his passion.

“You don’t get involved in contracting if you want to make a lot of money. You do it for the love of building things, to be able to say you built it.”

Isemoto Contracting joined the union in the late 1960s because, according to Leslie, his grandfather “wanted to compete for the larger jobs in the government sector and knew he would be better off with the skills of the union labor pool.”

Since Isemoto Contracting has been around for almost nine decades, it seems this was a wise decision.
High-Speed Rail: What does it mean to you?

If you don’t know anything about California’s proposed High-Speed Rail project, you should. You should also make sure you get the facts, because the media’s ongoing coverage of it has been negative and inaccurate.

According to Business Manager Russ Burns, who was appointed to serve on the California High-Speed Rail Authority Board, “The truth is, High-Speed Rail is the biggest project to come our way since the interstate highway system, and just as that saved the country’s economy thanks to the thousands of jobs it created, High-Speed Rail is no different. This country, the middle class and our future depends on High-Speed Rail.”

The proposed high-speed train will travel along 800 miles of track between Los Angeles and San Francisco in under two hours and 40 minutes (at 220 mph) and during the first phase of construction will create an estimated 100,000 direct and indirect jobs over five years with 1.2 million to 1.4 million construction-related jobs (meaning you!) over 20 years. That’s guaranteed long-term employment for our industry, which has been painfully impacted by the national economic crisis. Since construction is expected to start on the 130-mile section from Merced to Bakersfield this year, members from the Central Valley who have been hit hardest by the recession will at last have an opportunity for long-term employment (construction job-loss in this area is at 28 percent).

The following quick facts will help you understand why California must move forward with High-Speed Rail:

FACT: High-Speed Rail will create jobs and boost local economies. High-Speed Rail means tens of thousands of good, family-supporting jobs for California – jobs not just to build the trains and the train line but also to operate and maintain it. There will also be countless jobs created around the 24 train terminals spread throughout the train’s route – jobs to build restaurants, businesses, etc.

FACT: High-Speed Rail saves energy and protects the environment, while reducing congestion. It will cut our dependence on oil, while helping reduce air pollution. It will take more cars off the freeways (freeing up maintenance funds for bigger projects) and more planes out of the sky (making travel cheaper).

FACT: Local 3 needs High-Speed Rail right now. Our industry has been hurting. There is no better time than now to get this train moving forward.

If you don’t believe this, ask the members who recently spoke at a High-Speed Rail Authority Board Meeting in Merced last month:

“We need to get some work in this economy,” said District 30 member Ron Hall. “How did infrastructure get built in this country? People. If they earn it here, they spend it here.”

Member Jerry Miller agreed: “We really need the jobs. The economy’s in a bad way. We need to get people back to work, and the longer we postpone this [High-Speed Rail], the more it will cost us.”

He is right. As the state’s population grows from 38 million people today to an estimated 50 million people by 2035, it is projected that without High-Speed Rail, California will need as much as $171 billion to meet its transportation needs – money we certainly don’t have.

Taking the current economy into consideration, the High-Speed Rail Authority Board recently drafted a new business plan. It lays out a sensible strategy that addresses the public’s concerns over funding and proposed routes.

Yet, backward naysayers continue to flood these meetings and sway the press.

“The opposition makes no sense,” said Retiree Lonnie Otey. “We have to invest in infrastructure, and this is the best alternative. We can’t build anymore airports.”

High-Speed Rail also offers a way of travel for members who would otherwise drive hundreds of miles to get to jobs, like District 30 member Raymond Schenone. “There should be a lot more options for transportation in the Valley than we’ve got,” he said.

District 50 member Jason Lavery has been all over Local 3’s jurisdiction, including Nevada, to work. “High-Speed Rail will get more traffic off the roads and make more jobs accessible for more people.”

For military veteran and Apprentice Miguel Corral, who served two terms in Iraq and has been unemployed since he returned, the project’s success is even more personal. “I need to get work to support my family. Everybody’s hurting,” he said. Since he has not found any work, he is thinking of re-enlisting. High-Speed Rail offers a better alternative for him, for the environment and most importantly for jobs.

High-Speed Rail = More jobs for more people. What else do you need to know?

For more information about High-Speed Rail and what you can do to support it, visit Local 3’s website at www.oe3.org.
A look back, a look ahead

The start of a new year is always a good time to look at where we’ve been to better manage what’s ahead. Even though 2011 was an “off” election year, union staff and hundreds of member volunteers dedicated countless hours toward strengthening our cause through local elections and pro-labor events.

Last year, we participated in more than 12 local election campaigns, including a mayoral race in San Francisco and a congressional special election in Nevada, by phone-banking (more than 3,300 calls were made), precinct-walking and door-hanging in more than 150 volunteer shifts.

We also geared up for many rallies and city council meetings held across our four-state jurisdiction. We provided support for the workers at the Santa Cruz Port and Oakland Airport and for California High-Speed Rail (HSR) and sent volunteers to Utah Planning Commission meetings and Hawaii’s construction-career day. In all, we had 735 distinct volunteer shifts for more than 50 different events!

We also attended legislative hearings, shouted at rallies, walked picket lines and participated in informational fairs, political breakfasts, picnics, negotiations and sign-building events, while joining up with other Building Trades and labor councils.

Needless to say, 2011 was a busy year! But it certainly won’t hold a candle to what’s ahead (and at stake) this year. Just as soon as we put out one political fire, another one is lit by non-union advocates. More than 20 states across the nation have introduced legislation designed to handicap the middle-class worker – and you thought Wisconsin was the only one! Among this legislation includes bills targeting prevailing wage and public-sector collective bargaining rights and the Paycheck Deception bill. Don’t think your state is exempt. Stay tuned for details on how these bills are faring in their respective states and how you can get involved to thwart these attempts to take away your power.

Speaking of critical legislation, election maps are being redrawn in each state in some unusual ways through redistricting. All four of Local 3’s states will be impacted. You can view these new maps and detailed information on each state’s changes by visiting Local 3’s website at www.oec3.org.

Staff Spotlight: John Rector

Senior Business Rep. John Rector is being honored this month for his dedication to the Local 3 members within the survey, testing and inspection field.

Rector started his Local 3 career in the Surveyors Apprenticeship Program in 2001, and since then, he has excelled in the industry in every way possible – as student, teacher and, since April 2010, Technical Engineers business agent for the 46 counties of Northern California. He was recently promoted to senior business representative and serves as a Trustee for the Northern California Surveyors Joint Apprenticeship Committee (NCSJAC).

Since his involvement as a business agent, the Technical Engineers Department has signed companies from as far north as Redding to as far south as Selma. According to Rector, his department “is always organizing … in an effort to provide our membership with more work opportunities as well as gain market share.” Rector has been working with the California Department of Industrial Relations and signatory employers to make changes to the prevailing wages for surveyors in outlying areas, where the prevailing wages are significantly lower. Rector stays in contact with state officials regarding the survey industry and the needs of the membership and employers. He also serves on the Testing and Inspection Apprenticeship Sub-Committee, which recently adopted changes that will advance apprentices in the industry.

Rector excels no matter what he does and goes as far as is needed (in effort, travel and time, as he logs on average 60 hours a week). He does it all with humility too. “I’m just doing what I see needs to be done,” he said. This month’s spotlight only emphasizes that.

According to NCSJAC Administrator Joanie Thornton, “John’s sincere desire to help the survey membership of Local 3 is right at the top of his list with family guy and friend running a close second. A big salute to John Rector for his unending energy and keeping it real for his union sisters and brothers.”

Business Agent John Rector is highlighted this month for excelling in his field.
Retiring soon? Come learn all about it!

If you are considering retirement in the near future, it is a wise move to bring your spouse to one of the upcoming Pre-Retirement Meetings in your district. Local 3 Fringe Benefits Director Charlie Warren and I will be present at all the meetings (see the schedule on page 12) to give a brief presentation, answer questions and spend individual time with participants. The retirement choices and options you select now will affect the rest of your life, so it is important to get the facts. Important tips for expediting and streamlining your retirement process with the Associated Third Party Administrators (ATPA) will also be discussed. Below is a brief agenda:

- Discuss and review examples of reported hours, contribution rates, the benefit factor, monthly and yearly benefit amounts, service credits and vesting.
- Go over the formula used to determine the value of Pension credits, review benefit-factor history and look at specific examples.
- Explain types of pensions, including normal, regular, service (Rule of 85, 35/20 and 59/30), early and disability.
- Help you understand Pension-benefit choices, such as husband and wife pensions (50 percent, 75 percent and 100 percent), life Pension with 60-month guarantee and the 120-month guarantee Pension. Talk about beneficiaries and participants. Look at four specific examples and how they might apply to your individual situation.
- Review death benefits for married and unmarried members and explain the $2,500 burial expense. Discuss life insurance options.
- Present the Pension-processing timetable along with helpful suggestions for expediting your application, including Qualified Domestic Relations Orders, divorce decrees, marriage certificates and timelines.
- Explain the work test, effective dates, costs before and after Medicare, Medicare part B, dental and dependant costs, etc.
- Discuss the standard Retiree Health and Welfare Plan, including the Plan maximum, percentages of coverage, prescription drugs, vision care, the Kaiser option and surviving-spouse coverage.
- Discuss annuity information, including how divorces apply, when and how you can withdraw funds, hardship loans, beneficiaries and various tax considerations.
- Present information on the delayed retirement incentive at a separate “side” meeting for eligible members following the main presentation. “Bonus percentages,” monthly or lump-sum payments, deferral months, credited months, unreduced Social Security retirement age and partial years will be discussed. Specific examples will be reviewed to help you determine your particular choices.

As you can see, retirement is not as simple as you might have expected! Business Manager Russ Burns, the officers and Trustees work hard to provide the Local 3 membership the best possible Pension benefits and a lifetime of security. Understanding the Pension is a big part of retirement, and that’s why Burns specifies that we do a yearly round of Pre-Retirement Meetings. Some of the retirement choices you make are non-reversible, and with many golden years stretching ahead, our goal is to help you maximize the monetary rewards you’ve earned.

REDDING | 20308 Engineers Lane, Redding, CA 96002 • (530) 222-6093

New paving projects on the books

Happy New Year’s greetings from the District 70 staff. Last year, we had some good work hours, and that trend should continue.

This year, we have plenty to keep us busy with work and with local, state and federal elections, including the presidential one. There will be many opportunities to help with one, if not several, of these campaigns. You can participate in the Voice of the Engineer (VOTE) program by offering your services in these political endeavors. There are multiple ways to help. You can phone bank (call the membership), walk precincts and attend rallies and political events that benefit our membership in maintaining and securing work. These tasks are relatively easy to do, and when completed, most of the volunteers find the experience was rewarding. It can also be an educational experience!

As for this year’s work picture, we have a couple new projects that have bid. The $36 million I-5 Cottonwood to Red Bluff paving job appears to belong to Tullis, Inc. Another new project is the $44.5 million concrete-paving job in Yreka with the apparent low bidder being Road and Highway Builders out of Sparks, Nev. in Siskiyou County, J.F. Shea picked up an $18 million paving job on I-5 in Weed. There is a demand for materials for many projects, and some of our members may see some winter work hours that have not been offered in the past few years.

At the time of this writing, Southern California Earthwork was also working at the Clear Creek Wastewater Treatment Facility expansion project, and Tullis, Inc. was working on Shasta Ranch.

We are certain to have more work as we get further into the season. We are checking on information weekly. Please stop by or call the Hall, so we can answer your questions.

Excavator Operator Itzhak Tzafrir, Gradesetter Stan Green and Loader Operator Yosef Merhav work for Southern California Earthwork at the Clear Creek Wastewater Treatment Facility expansion project.

Excavator Operator Travis Clements loads an articulated end dump truck operated by Joseph Marino on Tullis, Inc.’s Shasta Ranch project.
The District 60 staff wishes a happy new year to all and hopes everyone had a safe and memorable holiday season. In 2011, our work picture was good, and we are hoping that 2012 is even better. Our big projects continuing from last year are C.C. Myers’ bridge replacement on Hwy. 70, Nehemiah Construction’s bridge replacement on Hwy. 99 and Viking Construction Company’s state Route 32 undercrossing in Chico.

Teichert Construction has the pavement rehabilitation and overlay on Hwy. 113 near Knights Landing, work on Sankey Road Canal and a job on Hwy. 49 near Downeville. Mountain Cascade is still working on the Sankey Road/Sacramento River fish-screen project, and Kniff River Construction has a few projects throughout District 60. For more information on these and other projects, call the Hall.

We are asking all members to get involved with the Voice of the Engineer (VOTE) program this year to help out with politics. There is so much that you can do. Please contact the Hall to get on our volunteer list. Remember, it's your union. We really need to strengthen it as a whole.

Do you have the right certification for the job?

Hazwoper, Mine Safety and Health Administration (MSHA), CPR, Occupational Safety and Health Administration (OSHA) 10, First Aid, forklift, signalman, rigger, Certification for Crane Operators (CCO), Operator Qualification (OQ) and CDL training are offered at Local 3’s Rancho Murietta Training Center (RMTC). For more information, contact the training center at (916) 354-2029 or call Dispatcher Danny Roles at the Hall.

As always, we want to remind members to not only get on the out-of-work list but to update your registration before the 84th day, so you don’t fall off the list. Also, be sure to keep your contact information (address, phone numbers, etc.) up-to-date, so we can reach you about jobs, upcoming trainings, meetings and other important information.

### NEVADA

#### 1290 Corporate Blvd., Reno, NV 89502 • For all branches, call (775) 857-4440

**Millions of dollars worth of work to bid**

Happy new year from District 11. Work in Northern Nevada has been relatively slow during the winter months. Granite Construction has kept some crews busy on the I-80 project in Reno and at the Biofuels Processing Plant on USA Parkway east of Sparks. Q&D Construction has crews working on the Hawthorne water and sewer rehabilitation project. Rees’s Crushing is working just north of Hawthorne, crushing aggregate for Road and Highway Builders’ upcoming paving project this spring. Other projects that have been awarded but have not yet started include the Dunphy Bridge rehab (Road and Highway Builders); U.S. 93 south of Wells (Granite Construction); the Spanish Springs Ranch roadway improvements (Q&D Construction); the city of Reno’s North Virginia Street sewer rehab (Q&D Construction); and state Route 341 from Toll Road to Virginia City (Sierra Nevada Construction).

The work picture should improve for Northern Nevada in 2012. The Nevada Department of Transportation (NDOT) has $44 million worth of projects currently advertising for bids and an additional $250 million scheduled to be advertised in the area this year.

In the eastern part of the state, the mines in Elko and Battle Mountain have been doing well. Ames Construction has projects at the Cortez, Phoenix and Newmont mines. Frehner Construction is working at the Newmont Mine. N.A. Deggerston, Inc. continues work at the Rossi Mine and has a project at the Phoenix Mine. The company’s project at the Robinson Mine in Ely has ended, but the company has another possible opportunity this month. The Robinson sub-station is still under construction.

#### From Elko

Gold mining is still going strong in Northern Nevada with prices holding between $1,600 and $1,780 per ounce. According to a Newmont earnings report released on Oct. 27, 2011, gold production from the Nevada operations totaled 428,000 ounces, produced at a cost attributable to sales of $841 per ounce in the third quarter. This is down 6 percent from the same quarter in 2010 due to lower mill-grade ore processed. Newmont reduced expectations from Nevada for the year to between 1.7 million and 1.8 million ounces because of lower grades at Gold Quarry due to sequencing, lower tonnage and grades at Exodus and the temporary lack of access to the Chukar underground mine at Gold Quarry. These issues have been remedied, and a strong fourth quarter is expected with more ore coming from Pete Bajo, Exodus, Chukar and Gold Quarry.

Newmont has implemented a new safety program called My Safety Journey for all employees to follow. We encourage all members to remember that safety is not a job but a way of life.

We have added five new union stewards at Newmont. This includes two stewards in one department that has never had stewards before. We would like to thank our union brothers and sisters for stepping up to the challenge.

Newmont membership meetings are held on the first Wednesday of each month at 6 p.m., and construction meetings are held on the second Wednesday of each month at 6 p.m. If you have any questions, please call business reps. Allen Strong or Bill Bodin at (775) 753-8761.
Folsom Lake control structure keeps members busy

The U.S. Army Corps of Engineers, Bureau of Reclamation, Department of Water Resources and Sacramento Area Flood Control Agency have partnered with Granite Construction to start work on the $126 million Folsom Lake auxiliary spillway control structure (phase 3). The project began in February 2011. Crews began installing a 82 million water-containment system that will capture 100 percent of the storm water on the 100-acre site. The system can process 3,000 gallons per minute, and the water will be filtered and treated before it is pumped into Folsom Lake.

Two shifts are working until May 1 to excavate and process 300,000 yards of granite rock that must be drilled and blasted to finish grade for the control structure. A total 120,000 yards of granite will be crushed onsite and reduced to 6-inch minus to backfill around the coffer-dam structure for future use.

Three tower cranes and a lattice boom crawler crane will be used to build the control structure. Granite Construction will have an onsite concrete-batch plant with coolers to control the temperature of the 125,000 yards of concrete that will be used over two years.

The structure is 150 feet high and comprised of two, 89-foot-wide flow-through monoliths flanked by three non-flow-through monoliths keyed into the adjacent rock. Work on the control structure includes preparation for the foundation, drainage and seepage control, mass concrete placement, internal and external access and installation of the tainter and bulkhead gates.

Once the control structure is complete, phase four will begin with removal of the earth plug separating the lake from the control structure. Other tasks in this phase include lining the spillway with concrete and building the stilling basin, which drops 200 feet to slow down the flow of water at the end of the spillway before entering the American River. The project will run well into 2017 and is going to generate a lot of jobs for our brothers and sisters.

FAIRFIELD I 2540 N. Watney Way, Fairfield, CA 94533 • (707) 429-5008

Pancake Breakfast and Motorcycle Toy Run a big success

We would like to thank all of the volunteers who came out to phone bank and precinct walk for the November elections. Their hard work paid off, since about 90 percent of our endorsed candidates won their races. This year, we need to keep up the pace. We will use all the volunteers we can get for the 2012 presidential election.

Congratulations to the members who helped make Shiloh III a safe and successful project. Even with delays in the beginning due to permits, the project came in on time and will be held as an example of how to build a wind farm. By the time you read this, Blattner should be finished with the Montezuma II project as well. As of November, the company was about 75 percent complete. Michels Wind Energy is still working on the Solano III wind farm and was scheduled to continue through the winter.

Congratulations are also in order for the crane operators who helped make Chevron's fourth-quarter turnaround a safe and incident-free event, which was no small feat with a 24/7 schedule. Bigge was contracted by Chevron to supply the refinery with more than 35 cranes and more than 75 operators to work day and night in support of the maintenance crews – one of the largest turnarounds Chevron has had in recent years.

Last but not least, we want to thank everyone who participated in our Seventh Annual Pancake Breakfast and Motorcycle Toy Run. As always, the event was a great success. Your gifts and donations meant a lot to the underprivileged kids who received them.

Apprenticeship Spotlight

Second-step and second-generation Construction Equipment Operator (CEO) Apprentice Sabrina Roumbanis is currently operating a skip loader for Asta Construction Company. She believes growing up on a ranch and being around equipment has helped her excel in the construction industry. She has participated in the Voice of the Engineer (VOTE) program by phone banking. Her fellow workers said she is always thinking ahead and is a team player.
Yosemite Slough restoration a success

Hope everyone had a wonderful holiday season.

In Marin County, Ghilotti Construction is working on the $2 million Dominican College multi-use complex in San Rafael with Ralph Ardito, Dennis Alameda, Foreman Cliff Bushkist, Charles Brooks and Ruvim Sonnik. On a project near Stinson Beach last month, Ghilotti Bros. utilized paving crewmembers Brandt Maurice, J.R. Roberts, Chris Dent, Pat Miller, Victor Castillo and Vince Medeiros. W.R. Forde has Joe Lunny and Ben Weeks performing utility work in Mill Valley. O.C. Jones is working on the $450,000 College of Marin track renovation with Bill DeSmet, Jose Gomez, Mike Brown and Rick Aquino. Across the water, Maggiora & Ghilotti is working on the Ross Valley Sanitation District’s $82 million sewer-pipeline project with Excavator Operator Greg Hurst and Backhoe Operator Tom Curry.

In San Francisco, the work picture looks good with J. Flores performing sewer work in the Parkside District with members Enrique Pera, Jim McLain and David Gamboa Moreno. Some new private development in the city includes a 202-unit housing project in the Mission District starting with Silverado Demolition and Tucker Engineering. Clipper International has a new tower crane on Mission Street with Brian Minor at the helm. Other tower-crane work involves Rick Murchio on a huffing tower crane for Webscor next to the Bay Bridge.

In the southeast corner of the city near Candlestick Point, Yosemite Slough lies hidden behind warehouses where Top Grade Construction performed a major wetland restoration. The 12-acre site will expand wetland habitat for wildlife and bird-watching opportunities. The $8.7 million project will also improve the quality of runoff water entering the Bay, as it will be filtered by the native wetland vegetation. The Top Grade team worked with the tides to complete the project successfully.

In San Mateo County, work continues on the San Francisco Public Utilities Commission (SFPUC) projects throughout the county. Pacific Gas & Electric (PG&E) gas-pipeline repair has slowed, as lines are pressurized for the winter. This work will pick up again in the spring. Granite Construction is still busy at the San Bruno grade separation and on Hwy. 101 in Menlo Park. Berkel and Company is busy installing hundreds of auger piles for a new Gilead Sciences building in Foster City.

HAWAII I 1075 Opakapaka St., Kapolei, HI 96707 • For all branches, call (808) 845-7871

Take our union-education classes to learn about your rights, responsibilities

This GW Construction crew includes, front row, from left: Allan Leite, Bryan Leialoha, Daniel Ahsing and Blaine Ahsing. Back row, from left: Clayton Azevedo, Kainoa Lapera, Russell Montibon and Gerald Toci.

From left: Dennis Alameda and Ralph Ardito work for Ghilotti Construction.

From left: Bill DeSmet, Mike Brown, Jose Gomez and Rick Aquino work for O.C. Jones.

Francisco Javier Garcia works for Top Grade Construction.

This GW Construction crew includes, front row, from left: Allan Leite, Bryan Leialoha, Daniel Ahsing and Blaine Ahsing. Back row, from left: Clayton Azevedo, Kainoa Lapera, Russell Montibon and Gerald Toci.

We look forward to seeing you at our classes, meetings and political activities. And we always look forward to seeing you on the jobsite. A crew with GW Construction has been getting good hours recently.

The following is a letter from the wife of Retiree Edward Kahalewai, who passed away on Sept. 5, 2011.

Officers and members of Operating Engineers Local 3,

Eddie was proud to be a member of Operating Engineers Local 3. We both appreciate all that the union has provided. Because of your excellent benefits, we could focus on his health instead of financial woes.

Your King James’ remembrance edition of the Holy Bible is greatly and sincerely appreciated. Our Christian faith keeps us strong. With God’s blessings, we thank you!

Lynn Kahalewai and family

This GW Construction crew includes, front row, from left: Allan Leite, Bryan Leialoha, Daniel Ahsing and Blaine Ahsing. Back row, from left: Clayton Azevedo, Kainoa Lapera, Russell Montibon and Gerald Toci.

From left: Bill DeSmet, Mike Brown, Jose Gomez and Rick Aquino work for O.C. Jones.

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This GW Construction crew includes, front row, from left: Allan Leite, Bryan Leialoha, Daniel Ahsing and Blaine Ahsing. Back row, from left: Clayton Azevedo, Kainoa Lapera, Russell Montibon and Gerald Toci.
Another shift added to Trinidad Pier project

Happy new year to everyone from the District 40 staff. A few projects continue to push through the weather. Members are still working hard on the Mad River Bridge on Hwy. 101. Penhall is performing the demolition on the old bridge, while Golden State Bridge works to get traffic on the new bridge.

West Coast Contractors is steadily working to repair the Trinidad Pier, which was destroyed by the March 2011 tsunami. This job kicked into high gear by adding another shift to accommodate crab-fishing along the coast. The job has steep inclines and tight corners, but our members are handling it.

Fluor Maintenance has worked sporadically at Pacific Gas & Electric (PG&E), keeping a few members busy on and off as the job progresses. The company should need a few more people as the months go by.

Wahlund Construction has kept members busy on several jobs in Del Norte and Humboldt counties, including the Eureka/Arcata airport and the Ferndale Wastewater Treatment Plant. The company has gotten good at sharpening its pencils for bids coming up locally.

Mercer-Fraser's gravel harvest ended in mid November, but the company stayed busier than usual for this time of year. This is a local company that improved its bidding to win several jobs in our area. Several local paving jobs have kept people working hard, even as the weather turns nasty.

Peterson Tractor had steady work last year and provided quality equipment. The Peterson operators are busy and working hard as the construction season winds down.

Powell Concrete slowed down after a busy summer and fall. Members provided yards of concrete for Mercer-Fraser and Golden State Bridge as well as other companies in Humboldt and Del Norte counties.

District 40 would like everybody to look right or non-operators are on their spouses and $20 for single Retirees.

Don't forget to renew your registration on the out-of-work list. Your registration is good for 84 days, but a good rule of thumb is to check in every month to renew.

We hope your holidays were stress-free and the coming year is prosperous.

Stocker I 1916 North Broadway, Stockton, CA 95205 • (209) 943-2332

Backlog of work looks promising

It’s looking to be a very wet winter again this year, but on a positive note, this will give our signatory contractors a backlog of work for spring. Dispatches and work hours were up in 2011, thanks to Federal Stimulus investments and bond measures.

Some ongoing and upcoming work includes:

- **RGW Construction** and subcontractor Rockin R Grading & Excavating started the $6.2 million Hwy. 26 realignment project.
- **Ford Construction** is working hard to winterize its $1.9 million slope-repair project at the top of Carson Pass on Hwy. 88 and the $2 million Rock Creek Landfill closure in Calaveras County.
- **Sierra Mountain Construction** is working on the Tuolumne County Law and Justice Center infrastructure improvement project.
- **George Reed, Inc.** and subcontractor W.C. Maloney started the Hwy. 4 realignment and widening projects in Calaveras County.
- **Tom Mayo Construction** started the emergency storm-pipeline replacement job in Tuolumne County.
- **Proven Management**’s $10.1 million Tulloch Lake Tri-Dam electric project was expected to be completed last month.
- **MCM Construction** is working on the Bradshaw Crossing project, a $7.4 million new bridge.
- **Granite Construction** is working on the Arch Road Prison Hospital.
- **Contris Construction** started the $45.2 million eastern segment of the Hetch Hetchy pipeline, which travels 6.7 miles downstream from the Oakdale portal.
- **Knife River Construction** has a $22 million pressurized irrigation system for the South San Joaquin Irrigation District (SSJID), installing about 13 miles of pipe and constructing two storage basins and two pump stations.

Excavator operators Jeremy Wilson and Joseph Tine work hard to winterize Ford Construction’s project on Hwy. 88.

Thomas Brower 1925-2011

Retiree Thomas Brower was a proud, 50-year union man when he passed away on Oct. 5, 2011. In fact, he was so proud that, despite his ailing health, he made sure to attend our Retiree Picnic last June, so he could receive his 50-year gold watch in recognition of his years with Local 3.

“He was ill at the time but determined to be there to accept this honor he had earned,” explained his wife, Helen Johnson-Brower.

Born in Angels Camp, Calif. in 1925, Brower was a “true union man: Tough, honest, strong and dedicated to those who relied on him,” his wife said. “He worked diligently his entire life. From the time he was 9, he was never without a job. As a union man, Tom logged in long, hot hours, day and night, to see that the huge pavers would always be in mint condition and ready to roll when needed. The skills and pride he brought to his work can still be enjoyed by Californians as they drive along stretches of road he helped pave. He was, as well, a gifted mechanic who could fix anything. Whenever people relied on Tom, he never let them down. Throughout his working career, he could be counted on to give up his time, even on holidays when called to help with any emergency.”

Helen said her late-husband retired so he could have time to enjoy his other passion: Horses. He would travel up to nine hours to get to a racetrack for a 17-second race. He was also a first-class horseman and a charter life member of Equestrian Trails Patrol and California State Horsemen’s Association.

He will be missed by all who knew him.
District signs new signatory

The holiday season is behind us, and we hope everyone enjoyed it.

Things got off to a slow start in District 90 last year. It wasn’t until about July that we started getting calls for off-list orders, but then, work really got going. At times we had more than 300 dispatches a month. Let’s continue this pace!

ARB, Snelson and Rockford are doing work for Pacific Gas & Electric (PG&E), performing hydrostatic testing on all of its gas mains. This work has been shut down for the winter so the company can supply gas to keep us warm during the colder months, but work should restart in the spring.

At the time of this writing, Granite Construction is busy with road improvements in Morgan Hill. The company is repaving Monterey Road and providing Tennant Avenue improvements. Also on Monterey Road, FMG is using a new process to grind and place along with Pavex, which is completing the overlay. (For more on this process and FMG’s new equipment, read the story on page 11.)

Sanco Pipelines is busy with several jobs, including nearly eight miles of future reclaim waterline installation near Brokaw and Malech roads. DeSilva Gates is working on some of the few residential projects going on. Ford Construction is busy expanding the cells at the Newby Island Landfill. According to the site manager, the union contractor’s work is a big improvement over the previous, non-union contractor’s.

Regarding our Voice of the Engineer (VOTE) program, we want to thank Luc Gagne, Kevin Brown and Jim Riley for their continued support on the line at the Port of Santa Cruz. We can always use volunteers. You will also be needed at an upcoming city council meeting. High-Speed Rail (HSR) is a big issue that could mean a lot of work for OE3 members, but there is a lot of opposition. Please call the Hall to see how you can help.

Future projects, like the 49ers stadium, should start this spring. The city has approved about $10 million to re-route utilities for the parking structure.

Also, a possible soccer stadium is out to bid, as is the BART South Bay extension from Fremont to Berryessa. Starting this spring, projects include the $13 million waterline-replacement job at San Jose State University, work on Hwy. 101 and improvements to the Capitol Expressway.

Local 3 welcomes new contractor Kantex. The company has some innovative vacuum trucks used for potholing around live utilities and trenching in locations where it’s impossible to get equipment.

The District 90 staff wishes everyone a happy new year.

It’s a political year: Let’s get proactive

The District 12 staff hopes you had a wonderful holiday season, and like many of you, we are anxiously awaiting the sun to come out, so we can go back to work.

Last year was a great one with all the pipeline work in Utah, the I-15 Core project in Utah County, the Mountain View Corridor on the west side of Salt Lake County, the new National Security Agency (NSA) Data Center and the continued expansion of the Kennecott Copper Mine.

With most of the pipeline work wrapped up, we hope the Utah State Legislature and federal government invest in our country’s infrastructure. The construction industry relies on tax dollars more than almost any other industry, except maybe education. We strongly believe that education is important, but we also see a much bigger picture. Construction workers stimulate the economy by spending their salaries on life’s essentials. If Utah continues to dump money into education, the tax base grows very slowly, because much of that money is one-time money. If the state invests in infrastructure, that money is spent primarily on labor and materials, which creates more of a tax base and money for education.

Last year, Local 3 endorsed Senate Bill (SB) 229 for money to be designated for state infrastructure every year. This bill was passed and sent to the governor’s desk to be signed. Unfortunately, he vetoed it. His argument was that the money could be better used for education. The bill was then reviewed during a special session of the Legislature, and because of Local 3’s political clout on both sides of the aisle, we were successful in overriding the veto. What this means to you and your family is that in a time when many of the bonds for construction work are drying up and there is a weak global economy, this money, although not much, may be the difference in many of us finding work these next few years.

Please get involved politically this year. We can no longer rely on others to take care of us. Many of us have watched the news about public employees in states like Wisconsin and Ohio and even teachers here in Utah get their benefits cut and their collective bargaining rights weakened. If you do not believe it can happen to you, think again. Many of us don’t like politics, but whether you are Republican, Independent, Democrat or unaffiliated, we have to get involved. There are many people in office and others looking to run for office who want to do the right things for the middle class. Each one of us has to be willing to stand up and help get them elected.

The Operating Engineers’ Voice of the Engineer (VOTE) program is a volunteer program that does just that. If every member of Local 3 donated only two hours of time each year to get a labor-friendly candidate elected, think of the great legislation we would have. Rather than always being on the defensive, we could start showing some offense. If you are interested in helping with the VOTE program this year, please call the Hall.

Please see the January 2012 Utah Training schedule below. All classes and dates are subject to change.

JANUARY 2012

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<thead>
<tr>
<th>Date</th>
<th>Class Description</th>
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<tr>
<td>3-5</td>
<td>Mine Safety and Health Administration (MSHA) – 24-hour</td>
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<td>6</td>
<td>MSHA refresher – eight-hour</td>
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<td>9-12</td>
<td>Certification for Crane Operators (CCO) practical practice</td>
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<td>First Aid</td>
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<td>16-19</td>
<td>Hazwoper – 40-hour</td>
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<td>16-19</td>
<td>CCO practical practice</td>
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<td>21</td>
<td>Hazmat refresher – eight-hour</td>
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<td>Occupational Safety and Health Administration (OSHA) 10</td>
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<tr>
<td>25-26</td>
<td>GPS Training</td>
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<td>23-26</td>
<td>CCO practical practice</td>
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<tr>
<td>28</td>
<td>CCO practical (weather permitting)</td>
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Fridays: Journey-level upgrade training
Large projects continue in winter

The District 20 work picture looks great, even with winter upon us. Many of our large projects are still rolling ahead. The Bay Bridge project continues and has been ongoing for many years. It has created hundreds of jobs for our members. According to Caltrans, for every $1 billion invested in construction work, about 18,000 jobs are created.

Caltrans crews, along with signatory employer Tutor-Saliba, made a huge breakthrough recently by boring through the Berkeley Hills from Orinda to Oakland (600 feet of bedrock) using a massive, 130-ton boring machine called a roadheader operated by member James Martin. The hole connects two tunnel sections that form part of the Caldecott Tunnel fourth-bore project. This is a major milestone for the $391 million project, which should be completed in 2013.

Regarding political news, newly approved Senate Bill (SB) 205, On-School Construction, helped free up $773 million in federal funds to create hundreds of jobs for our members. Measure F was approved last year for highway and road construction and will generate more than $12 million a year for local highway and road-improvement projects.

An important reminder: If you see something in the field that doesn’t seem right, please call your local district office.

ROHNERT PARK  |  6225 State Farm Drive, Suite 100, Rohnert Park, CA 94928  •  (707) 585-2487

PLA will create lots of work

With winter here, many of our members and their employers are rushing to finish jobs or get them winterized. Argonaut Construction finished paving Hwy. 116 between Petaluma and Sonoma for Caltrans, as well as Third Street in Santa Rosa and Arnold Drive in Glen Ellen. Argonaut Construction also completed the Hwy. 20 overlay project. Ghilotti Brothers finished paving Adobe Road between Petaluma and Pennigrove and is currently working to finish the Sebastopol streetscape project. The company has also paved as much as possible on Hwy. 101 at Wilfred Avenue. R.M. Harris has two bridges to finish on the southbound side of Hwy. 101 that should wrap up this year. Team Ghilotti completed the traffic light/intersection improvement project on Hwy. 116 near Graton and the Green Music Center project at Sonoma State University. The company is also working at the Healdsburg waste-transfer station.

Ghilotti Construction is almost finished with the Hwy. 101 widening project between Rohnert Park and Petaluma. The final overlay will have to wait for warmer weather in the spring. The company was the low bidder on the Washington Street to Hwy. 101 onramp improvement project, which will start in the spring. Gordon N. Ball provided the concrete structures on the project.

In Lake County, Sierra Equipment Rental winterized its Hwy. 53 widening project and will be back at it in the spring. Granite Construction completed the Hwy. 29 overlay from the Napa County line to Hidden Valley Lake and is working hard to finish the Hwy. 175 overlay.

Teichert Construction is the apparent low bidder at $4.26 million on the Hwy. 29 project, and work should start in the spring. The city of Petaluma is ready to let bid an 18-inch waterline-relocation job on East Washington Street for $1.5 million, and the city of Santa Rosa has the Colorado Boulevard sewer- and water-improvement project ready to bid with an engineers’ estimate of $2 million. Through our local building and construction trades council, unions have been able to negotiate a Project Labor Agreement (PLA) with Calpine Corporation. This agreement will cover the work for two new geothermal power plants valued at a total of $700 million in The Geysers’ steam field and will employ about 190 union workers, many of whom will be Local 3 members. The Sonoma County Board of Supervisors already approved the permits.

On the political side of things, District 10 has been very active in trying to get some local projects going, one of the largest being the Willits Bypass. This Caltrans project has been in the works for decades and is very close to finally happening. District 10 turned out volunteers at a public hearing in Willits on the mitigation proposal to the Army Corps of Engineers, which is the last hurdle to the project. The Army Corps asked for a show of hands for who was for and against the project, and the “fors” won. This illustrates how important it is to volunteer with your union. Some of these projects come down to a show of hands, which takes some of the burden off politicians who don’t want to do anything deemed unpopular. This project is valued at $190 million and will be a huge shot in the arm for Local 3 members in District 10.

Finally, we’ve been facing some pushback on the Sonoma-Marin Area Rail Transit (SMART) train in District 10. Opposition is small but influential, as opponents are circulating a petition to get the voters to stop construction. Please tell all your friends and family members not to sign this petition! District 10 was crucial in organizing a rally at Old Railroad Square in Santa Rosa. The rally drew about 150 people, including local politicians. The SMART train Board of Directors released $170 million in construction funding with much more to come. This project will not only involve the purchase of commuter railcars, but it will also require track upgrades and the building of 14 train stops between Cloverdale in Sonoma County and Larkspur in Marin County. All these locations will require parking lots and station infrastructure and would be huge for Local 3 members.

In other exciting news, District 10 would like to send a special congratulations to 50-year member and Retiree Ken Anderson. He is especially active in the union, and this month, we congratulate him for his dedication and many years of service.

Correction: Ghilotti Bros., Inc. was incorrectly identified in the November 2011 edition as Ghilotti Brothers Construction.
The Local 3 officers, Executive Board and the Scholarship Board of Directors understand that the workplace is rapidly changing, and many jobs require skills that can only be attained with a good education. Local 3 is dedicated to giving our young people the opportunity to succeed by providing them with the chance to further their education and training. For this reason, Local 3 awards annual scholarships to sons, daughters, stepchildren and foster children of Local 3 members.

Local 3 awards two types of scholarships: Academic Scholarships (winners are judged based on academic qualifications) and Merit Scholarships (winners are selected through a raffle drawing).

WHO MAY APPLY

Children (sons, daughters, stepchildren and foster children) of Local 3 members may apply for the scholarships. The parent of the applicant must be a member for at least one year immediately preceding the date of the application. Grandchildren are only eligible to apply if their grandparent (member) is their legal guardian. Children of deceased members are eligible to apply for the scholarships, if the parent of the applicant was a member for at least one year immediately preceding the date of death.

ACADEMIC SCHOLARSHIPS

Six academic college scholarships will be awarded to children of Local 3 members:

* First place: Two scholarships of $4,000 each will be awarded to the first-place female and male applicant, with an additional $2,000 for the second, third and fourth years of college, if they remain full-time students. ($10,000 total)
* Second place: Two scholarships of $3,000 each will be awarded to the second-place female and male applicant, with an additional $1,500 for the second, third and fourth years of college, if they remain full-time students. ($7,500 total)
* Third place: Two scholarships of $2,000 each will be awarded to the third-place female and male applicant, with an additional $1,000 for the second, third and fourth years of college, if they remain full-time students. ($5,000 total)

These scholarships can only be used for study at an accredited college or university located in the United States and do not impose restrictions of any kind on the course of study. Recipients may accept any other grants or awards that do not rule out scholarship aid from other sources. Winners must submit proof of full-time enrollment to receive payment for the second, third and fourth years.

The applicants must be high school seniors who have, or will be, graduated at the end of either the fall semester (beginning in 2011) or the spring semester (beginning in 2012) in public, private or parochial schools, plan to attend an accredited college or university located in the United States and do not rule out scholarship aid from other sources. Winners must submit proof of full-time enrollment to receive payment for the second, third and fourth years.

The applications will be accepted between Jan. 1, 2012 and March 31, 2012.

AWARDING ACADEMIC SCHOLARSHIPS

Upon receipt of the application and required forms, Local 3 will not exercise any choice among the applicants or indicate in any way that one applicant should be favored over another. The University of California Berkeley Scholarship Selection Committee will submit recommendations for finalists to the Scholarship Foundation's Board of Directors. The list of potential winners and their qualifications will be reviewed by the Board, and the winners will be selected.

Academic Scholarship winners will be announced at Local 3's June Executive Board meeting. Checks will be deposited in the winning students' names at the college or university they plan to attend.

Applicants who are not selected for an Academic Scholarship will automatically be eligible for OE3 Merit Scholarships, which are awarded through a raffle drawing; therefore, only one application is required. Merit Scholarships will be awarded at Local 3's July Executive Board meeting. Applicants need not be present to win.

INSTRUCTIONS

The following items must be postmarked by March 31, 2012:

1. APPLICATION AND ESSAY must be filled out and returned by the applicant.
2. REPORT ON APPLICANT AND OFFICIAL TRANSCRIPT must be filled out by the high school principal or person he or she designates and returned directly to Local 3 by the official completing it. Transcripts must be official.
3. LETTERS OF RECOMMENDATION must be submitted by the applicant. One to three letters of recommendation from teachers, community leaders, family friends or others who know the applicant must give information about the applicant's character and ability. Please submit all letters of recommendation with the application.
4. PHOTOGRAPH must be submitted by the applicant. It should be a recent photograph, preferably 2 inches by 3 inches, with the applicant's name written on the back. Professional photographs, such as senior portraits, are preferred. (The photo should be clear enough to reproduce in the Engineers News.)
5. NEWSPAPER INFORMATION must be submitted by the applicant. Provide the name and phone number of a local newspaper, so we can send a press release if the applicant is selected as a winner.

MERIT SCHOLARSHIPS

In addition to the six Academic Scholarships, Local 3's Scholarship Foundation will award 25 $1,000 Merit Scholarships. Children of Local 3 members who plan to attend college or trade school are eligible to apply. The Merit Scholarship winners will not be judged on academic qualifications but instead be selected through a raffle drawing held at Local 3's July Executive Board meeting. Applicants need not be present to win; winners will be notified by Local 3. All applicants who apply for the Local 3 Academic Scholarships and do not win will automatically qualify for this drawing; therefore a second application is not necessary.

Applications will be accepted from Jan. 1, 2012 to March 31, 2012. Previous winners are not eligible to apply.

WHERE TO GET APPLICATIONS

OE3 Academic and Merit Scholarship applications are available at the local's district offices, Credit Union branches and online at www.oe3.org. It is the applicant's responsibility to submit the application to the address below, postmarked no later than March 31, 2012:

Jim Sullivan
Recording-Corresponding Secretary
Operating Engineers Local Union No. 3
1620 South Loop Road
Alameda, CA 94502

Local 3 Scholarship Foundation Contest Rules for 2012

Applications available at district offices, Credit Union branches and online at www.oe3.org

MEETINGS & ANNOUNCEMENTS

January 2012 | 27
DISTRIBUTION MEETINGS
All meetings convene at 7 p.m.

JANUARY 2012
No meetings scheduled.

FEBRUARY 2012
No meetings scheduled.

MARCH 2012
5th District 30: Stockton
Operating Engineers’ Building
1916 N. Broadway Ave.

5th District 50: Fresno
Cedar Lanes
3131 N. Cedar Ave.

5th District 90: Morgan Hill
Operating Engineers’ Building
325 Digital Drive

6th District 01: Burlingame
Transport Workers Union
1521 Rollins Road

6th District 10: Rohnert Park
Operating Engineers’ Building
6225 State Farm Drive

6th District 20: San Leandro
Sheet Metal Workers
1720 Marina Blvd.

7th District 04: Vacaville
Hampton Inn & Suites
800 Mason St.

7th District 60: Marysville
Veterans Memorial Center
211 17th St.

7th District 80: Sacramento
Operating Engineers’ Building
3920 Lennane Drive

8th District 40: Eureka
Best Western Bayshore Inn
3500 Broadway

8th District 70: Redding
Operating Engineers’ Building
20308 Engineers Lane

12th District 11: Reno
Operating Engineers’ Building
1290 Corporate Blvd.

12th District 17: Kapolei
Operating Engineers’ Building
1075 Opakapa St.

13th District 12: Salt Lake City
IBEW Local 354
3400 W. 2100 S.

SEMI-ANNUAL MEETING
Rec. Corres. Secretary Jim Sullivan has announced that the next Semi-Annual Meeting of the membership will be held on Sunday, March 18, 2012 at 1 p.m. at a location to be determined.

Town Hall Meetings
January 2012
4th District 11: Elko
Newmont Mine Meeting: 6 p.m.
Operating Engineers’ Building
1094 Lamoille Highway, Elko

11th District 11: Elko
Construction Meeting: 6 p.m.
Operating Engineers’ Building
1094 Lamoille Highway, Elko

February 2012
1st District 11: Elko
Newmont Mine Meeting: 6 p.m.
Operating Engineers’ Building
1094 Lamoille Highway, Elko

8th District 11: Elko
Construction Meeting: 6 p.m.
Operating Engineers’ Building
1094 Lamoille Highway, Elko

March 2012
7th District 11: Elko
Newmont Mine Meeting: 6 p.m.
Operating Engineers’ Building
1094 Lamoille Highway, Elko

13th District 17: Maui
Meeting: 7 p.m.
Maui Arts and Cultural Center
One Cameron Way, Kahului

14th District 11: Elko
Construction Meeting: 6 p.m.
Operating Engineers’ Building
1094 Lamoille Highway, Elko

14th District 17: Hilo
Meeting: 7 p.m.
Hilo ILWU Hall
100 W. Laniakuia St., Hilo

15th District 17: Kona
Meeting: 7 p.m.
King Kamehameha Kona Beach Hotel
75-5660 Palani Road, Kona

16th District 17: Kauai
Meeting: 6 p.m.
Kauai Beach Resort
4331 Kauai Beach Drive, Lihue

2012 Political Action Committee election
Rec. Corres. Secretary Jim Sullivan has announced that in accordance with Article X, Section 10 of the Local Union Bylaws, the election of Political Action Committees (PACs) will take place at the first District Meeting of 2012 in each respective district.

The schedule of meetings at which these elections will be held appears on this page under “District Meetings.”

New Bylaws books available
The membership passed the resolution to amend the Operating Engineers Local 3 Bylaws. As of January 2012, copies of the new Bylaws books are available at your district office. Please pick one up at your earliest convenience.

Honorary Membership for Retirees
Retirees with 35 or more years of service in Local 3 are eligible for Honorary Membership. Eligible Retirees will receive their Gold Membership Card and a reduction in dues. To find out if you are eligible or to apply for Honorary Membership, please contact the Recording-Corresponding Secretary (RCS) office at (510) 748-7400.

This month’s Honorary Members can be found below.

Honorary Membership
The following Retirees have 35 or more years of membership in Local 3 as of November 2011 and have been determined eligible for Honorary Membership effective Jan. 1, 2012.

Carl E. Baldwin 2229895
District 80: Sacramento

Douglas Benden 1710866
District 99: Out Of Area

Jerry Fajgness 1640916
District 10: Rohnert Park

Gregory Gunheim 1710989
District 10: Rohnert Park

Dennis M. Hafferty 1528373
District 60: Yuba City

David L. Johnson 1229853
District 50: Fresno

George H. Kawamoto 1451587
District 17: Hawaii

George Manzanedo 1704393
District 50: Fresno

Ron Matzen 1628128
District 10: Rohnert Park

Ronald L. McCleery 1364975
District 12: Utah

Parker K. McKeague 1374959
District 17: Hawaii

Rioreto Pasion 1563141
District 17: Hawaii

Raymond Pittman 1661077
District 50: Fresno

Jimmy R. Simmons 0817495
District 80: Sacramento

Don Wenzel 1144027
District 11: Nevada

New Members
District 11: Nevada
Nathan George
Adam Henriques

District 12: Utah
Oleen Bunderson
Brian Gardner

Service pins
In honor and remembrance of years of service in Local 3, service pins are available to members with 25 or more years of membership in Local 3. These pins come in five-year increments from 25 through 75 years of service. Please contact your district office to receive your pins.
Dear brothers and sisters:

As you all know, our local union is large and encompasses four large states. All official union business, including the nomination and election for union-wide offices, Bylaws and Political Action Committee (PAC) delegates, will be conducted at locations close to the main district office in your specific home area.

As a result of the large geographic jurisdiction of Local 3, the business manager can, at his discretion, establish subcommittees. Business Manager Russ Burns has currently authorized four subcommittees to be located in Elko, Nev. and Hilo, Kauai and Maui, Hawaii. These subcommittees will have their own PACs to deal with local concerns. Please note: The payment of dues for subcommittee PAC members will be at the discretion of the business manager.

If you are interested in becoming a PAC member, the business manager strongly encourages you to attend your March District or Town Hall Meeting (these are listed on page 28), so you may be nominated and then elected.

Fraternally yours,

Jim Sullivan
Recording-Corresponding Secretary

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**DEPARTED MEMBERS**

Aldax, James Jr.  Chico, CA  District 60  10-14-11

Anderson, L  Roseville, CA  District 80  10-22-11

Austin, Ronald  Medford, OR  District 99  10-10-11

Bertolini, Herman  San Bruno, CA  District 01  10-13-11

Cram, Roland  Clayton, CA  District 20  09-29-11

Defino, Mike  Geyersville, CA  District 10  10-16-11

Huber, Larry  Stockton, CA  District 30  10-26-11

Klemin, Kenneth  Manteca, CA  District 30  10-18-11

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**DECEASED DEPENDENTS**

Pourroy, Earle  North Las Vegas, NV  District 99  10-06-11

Romano, Domenic  Grass Valley, CA  District 80  10-26-11

Stackhouse, Harold  San Diego, CA  District 99  10-15-11

Wilke, Wilhelm  Santa Cruz, CA  District 90  10-06-11

Laughlin, Pauline.  Wife of Laughlin, Merle (dec)  10-08-11

Martin, Kathyn.  Wife of Martin, Tony  10-03-11

Matsumoto, Juliet.  Wife of Matsumoto, Masao  09-29-11

Oskin, Donna.  Wife of Oskin, Billy (dec)  09-30-11

Pantoja, Ruby.  Wife of Pantoja, Miguel (dec)  10-11-11

Pinkston, Janice.  Wife of Pinkston, William  10-03-11

Repetto, Miriam.  Wife of Repetto, Natale (dec)  10-15-11

Vallejo, Connie.  Wife of Vallejo, Marin  10-25-11

Vanbuskirk, Dorothy.  Wife of Vanbuskirk, Roy (dec)  11-03-11

Valley, Viola.  Wife of Valley, Walter (dec)  10-06-11

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**ELECTION COMMITTEE NOTICE**

Jim Sullivan, Recording-Corresponding Secretary of Operating Engineers Local Union No. 3, announces that in conformity with Article XII, Section 3(b), Elections, of the Local Union Bylaws, elections for Members of the Election Committee will be held in March at each district’s regular quarterly District Meeting. The Committee will conduct the August 2012 election of Officers, Executive Board Members and Delegates and Alternates to the 38th International Union of Operating Engineers (IUOE) Convention.

**ARTICLE XII, SECTION 3, ELECTIONS:**

(a) The election of Officers and District Members of the Local Union Executive Board shall be held during the month of August by mail referendum vote of the Membership of this Local Union under the supervision of the Election Committee and a firm of certified public accountants, selected by the Executive Board, with such other technical and legal assistance as may be provided.

(b) The election shall be conducted by a committee known as the Election Committee, composed of one (1) Member from each District in which nominations will be made. The Member shall be nominated and elected by secret ballot at the regular quarterly or specially called District Meetings by vote of those Members present whose last known address, as shown on the records of the Local Union ten (10) days prior to the first such District Meeting in March preceding the election, was within the area covered by the District. Each nominee shall be a registered voter in the District in which he or she is nominated, shall have been a Member of the Parent Local of Operating Engineers Local Union No. 3 for five (5) years next preceding his or her nomination and election, and shall not be a candidate or nominator of a candidate for any Office or Position.

The nominee for Committee Member in each District receiving the highest number of votes shall be elected, and, in the event he or she is unable or unwilling to serve, shall be replaced by the nominee with the next highest number of votes, and he or she, under the same circumstances, by the next highest, and so on, until the list of nominees is exhausted.

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**ARTICLE XIII, SECTION 1, INTERNATIONAL CONVENTION DELEGATES:**

(c) When the International Convention is to occur during the year next following an election of Officers under Article XII of these Bylaws, the nomination and election of Delegates and Alternates to such International Convention shall take place concurrently with the nomination and election of Officers.

The schedule of the meetings at which these elections will be held appears on page 28 under “District Meetings.”

**The ‘American Way’ is the Local 3 way**

The hunting television program “The American Way,” which began last July, featured Local 3 during the second episode’s Blue Collar Spotlight. This segment features union members across the country doing what they love and doing it well.

Local 3 is also a sponsor of the show, which shares outdoor adventures, fishing and hunting successes and working-class heroes on the Pursuit Channel network (Dish Network: Channel 240; DirecTV Channel: 608). The show airs Fridays at 6 p.m., Eastern Standard Time (EST) and Saturdays at 4 p.m., EST. Check it out! Visit www.oe3.org for more information.
You know your credit scores, your shoe size and how many miles you get per gallon of gasoline, but for some reason, many of us shy away from knowing what could be the most important numbers of all. Those affecting our health, such as our blood pressure and cholesterol levels. Not only does knowing your numbers help catch and prevent problems but it also saves you money and costs our Health and Welfare Funds less.

With that said, please take this short quiz to find out if you really know what you need to know.

1. What is a healthy blood-pressure reading?
A. 120/80
B. 140/80
C. 120/90
D. 140/90
A. When your heart beats, it contracts and pushes blood through the arteries to the rest of your body. This force creates pressure on the arteries called systolic blood pressure and is the top number in your reading. A normal systolic blood pressure is below 120.

The diastolic blood-pressure number, or the bottom number, indicates the pressure in the arteries when the heart rests between beats. A normal diastolic blood-pressure number is less than 80.

2. If your blood pressure is normal, how often should you get it checked?
A. Every year, unless recommended by your doctor
B. Every two years, unless recommended by your doctor
C. Every five years, unless recommended by your doctor
B. If your blood pressure is less than 120/80, you should get it checked at least every two years, or more frequently as your doctor suggests.

3. Can a healthy diet and exercise help lower your blood pressure?
A. Yes
B. No
A. Eating right and exercising are important ways to help prevent high blood pressure. Remember to talk with your doctor before starting any new exercise or diet routine.

4. A simple blood test can determine your cholesterol levels, including your Low-Density Lipoprotein (LDL) cholesterol and High-Density Lipoprotein (HDL) cholesterol. Which of these is considered “good” cholesterol?
A. LDL cholesterol
B. HDL cholesterol
B. HDL cholesterol, or “good” cholesterol, protects against heart disease by taking the bad cholesterol out of your blood. LDL cholesterol can build up on the walls of your arteries and increase your risk for heart disease, which is why LDL cholesterol is referred to as “bad” cholesterol.

5. An optimal LDL cholesterol level is:
A. Less than 100
B. 130-159
C. 190 and above
A. The lower your LDL cholesterol number, the lower your risk for heart disease.

6. Your HDL cholesterol level should be:
A. 60 or more
B. Less than 40
A. Remember: HDL cholesterol protects against heart disease, so for HDL, higher numbers are better. (A good trick to remember: Your LDL should be a Low number; your HDL should be a High number.)

7. How often should you have your cholesterol checked?
A. Every year, unless recommended by your doctor
B. Every two years, unless recommended by your doctor
C. Every five years, unless recommended by your doctor
C. If you’re over the age of 20, cholesterol levels should be measured at least once every five years.

8. Abnormal cholesterol levels are a major risk factor for:
A. Heart disease
B. Stroke
C. All of the above
C. High LDL cholesterol or low HDL cholesterol are major risk factors for many diseases. An unhealthy diet can cause high cholesterol, although it can also be genetic. A low-cholesterol diet can help improve levels.

9. What protein is best for people with high cholesterol?
A. Eggs
B. Cheese
C. Fish
C. Eating fish can be heart-healthy not only because it’s low in cholesterol but it also contains high levels of omega-3 fatty acids, which reduce your blood pressure and your risk of developing blood clots. While eggs and cheese are good for other reasons, they are high in cholesterol.

10. How can you get your blood pressure and cholesterol checked for free?
A. Through Local 3’s newly adopted Preventive Care Program
B. At Local 3’s Semi-Annual Meetings
C. All of the above
C. Health is very important to your union. We encourage our members and their spouses to visit the free health fairs set up at our Semi-Annual Meetings, and every member and spouse (in California) who takes advantage of the Preventive Care Program will receive a $250 reduction in their annual deductible.

* Sources: WebMD; Mayo Clinic

FOR SALE: Like new: 2004 seadoo bombardier spotster 4-tec 20 hours or less. $10,000. Contact Mary at (707) 401-4121 or vpdl12@comcast.net. Reg# 0399949.

FOR SALE: Trailer hitch for 1991-1997 Ford Escort Factory made. $75. I will include backup light for you. Call Ken at (510) 215-7040 or e-mail lafrance@prodigy.net. Reg# 1219576.

FOR SALE: 20-foot chain-fall. Perfect condition. $100. Call Ken at (510) 215-7040 or e-mail lafrance@prodigy.net. Reg# 1219576.

FOR SALE: Remodeled 1/2 acre home on 37+ acres in Waucoma, Wash. near Bonaparte Lake. Rolling hills, small pond, sub-irrigated pastureland, dense forest. Perfect horse or cattle property with plenty of room for everyone to roam and elk have been sighted. Quiet and secluded, but completely fenced and cross-fenced. Hot tub, detached garage and pole barn with power, water, RV storage. (509) 486-0830. Reg# 1770647.

FOR SALE: Beautiful lady's opal ring. Full of fire, set in a gold, 14-carat band. Opal is ¾ inch by ½ inch egg shape. Appraised at $1,200 plus. Sell for $1,000. (707) 725-5334 or (707) 616-4749. Reg# 0936994.


FOR SALE: Collection of 36 old tin spice cans. All different spices in excellent condition. Beautiful colors and lost are full of spices. $80 takes all. Will send pictures if interested. (530) 223-4388. Reg# 0827031.

FOR SALE: Several Pepsi and Coca-Cola soda machines from the late '50s/early '60s. All work but one. One Squirt or 7 Up machine. $800 each OBO. Also: a large juicebox from the 1960s. Works, but needs a little work. Lights up. Has 200 records in it. $700. (209) 401-7997. Reg# 2292849.

FOR SALE: Several football pictures, most of the 49ers or Cowboys. Most are autographed: Also: a couple of collections by signed 49er teams: footballs, baseball cards and baseball cards. Call for prices. (209) 401-7997. Reg# 2292849.

FOR SALE: 2008 Kawasaki “side-by-side” model 749. Extras include heater, hard cover and soft cover that zips around it. Every add-on cover and soft cover that came with it are in good shape. $2,000 new. (530) 632-5180. Reg# 1967866.

FOR SALE: Gradey setter plywood pickup organizer. 6½ feet length by 4 feet width. Room for grade stick, Lenker rod, tripod, two bundles lath on box. Platform on top has room for plans, GPS, laser, etc. Retired; don’t need it anymore. San Ramon. (925) 735-9038. Reg# 1826056.


FOR SALE: 1928 five-window coupe Model A Ford Roadster. 76,000 actual miles. $11,500 OBO. (916) 991-1530. Reg# 0486196.


WANTED: Mazda MX3 GS. Running or not. ’92 to ’95. All of the front end sheet metal, bumper, trim, lenses, air dam, grill, hood, etc. from the doors forward, and all components in the engine compartment must be complete and virgin or factory-replacement parts. White in color earns extra consideration. Leave message at (510) 278-2936. Reg# 2577104.


FOR SALE: 1,900-square-foot, 3 bd/2½ ba ranch-style home with in-ground pool. One block from beach. On Gulf Coast in Long Beach, Miss. No Katrina damage. Multiple listing number 243124. (865) 519-0700. Reg# 547-6161. Reg# 1589183.

FOR SALE: 2001 11½-foot Arctic Fox Slide In Camper with 11-foot electric slide-out room. 11-foot awning, electric jacks with remote control. Two solar panels, two door fridge, water cooler, storm windows. Two 12 volt, one with CD player, other cassette player. In good condition. $8,100. Call Don at (575) 388-9620. Reg# 0900556.


FOR SALE: 2006 Athens Park Mobile Home located in Elko, Nev. trailer park. Unit can be kept in park or relocated and is in good condition with some work needed. $19,900. (New, these units go for $70,000.) Call Gig or Susan at (775) 738-8071 or John at (866) 259-6630. Reg# 2553602.

FOR SALE: 2005 5½ House Dozer 1,880 hours. ROPS with electric finisher, six-way blade, ripper, 70 percent UC with 16-inch pads. $34,900. Contact Lee at (916) 768-8801. Reg# 2282401.

WANTED: Shotguns, rifles, pistols and ammunition. From one to a whole collection (559) 351-6615. Reg# 2123273.
Holiday bike-build sets Anrak apart

Story and photos by Mandy McMillen, managing editor

It began as a way to pay it forward. About eight years ago, 23-year member and Anrak Corporation employee Corey Wilson bought a few bikes at Christmastime to donate to underprivileged children in his neighborhood.

“I just felt fortunate, where I was at in my life, and knew of some kids who weren’t getting much of a Christmas. A bike is a big gift for any kid, so I passed them around Christmas Eve.”

He had no idea how contagious this generosity would become.

Anrak Owner Mark Anderson heard about Wilson’s generosity and donated some money to the cause. Eventually, word spread so fast and Wilson received so many donations that he “had too many bikes to hand out on my own,” so he and Anderson partnered up about five years ago with the California Highway Patrol’s (CHP’s) CHiPs For Kids Toy Drive. The Sacramento-area program works in conjunction with local charities to give an entire Christmas, including a tree, decorations, food baskets and presents, to local, underprivileged families.

Now, every year, Anrak employees, CHP officers, other construction and trucking companies and local volunteers devote an entire Saturday at Anrak's yard in Sacramento to build hundreds of bikes purchased through donations at a discounted rate from Huffy. Last month, volunteers built more than 500 bikes.

Spend a few minutes with Anrak’s owners (all three generations of them) and employees and it’s obvious what a special, family-based employer the grinding company is. Doughnuts, smiles and jokes are shared among the volunteers, along with Allen wrenches and bike pumps.

“Everybody’s like family here,” said member Rick Giannini, who has worked for Anrak since 1993. When asked why he has donated his time every year since 2004 to build hundreds of bikes, he said with a smile: “Tis the season to be giving and help the less fortunate.”

“We help about 300 to 400 families,” said Wilson. “These bikes are a part of that.” So are the people, proving once again how powerful “paying it forward” really is!

Stay tuned to find out how you can participate in or donate to Anrak's annual bike-build.